

You're invited to a community event at Goddard House



The Healing Power of Music Therapy

with Dr. Suzanne Hanser, Berklee College of Music



*M*usic is sometimes thought of as a fountain of youth for older adults. Research demonstrates that music, when guided by a qualified therapist, can help individuals communicate, express themselves, relive meaningful memories, and regulate emotions. Dr. Hanser will guide us through some music-based interventions designed to enhance quality of life, regardless of age or ability.

Suzanne Hanser, EdD, MT-BC is past president of the American Music Therapy Association (AMTA) and the World Federation for Music Therapy (WFMT), and formerly Program Director for the Alzheimer's Association-Greater San Francisco Bay Area. She is the author of numerous award-winning articles and books for the public, as well as for professionals, and is the recipient of the Lifetime Achievement Award from AMTA and the Sage Publications Prize.

Wednesday, November 7, 2018

6:00 P.M. Reception & refreshments

6:30-7:30 P.M. Presentation

**Goddard House Assisted Living,
165 Chestnut Street, Brookline**

*Event is
free of
charge.*

*RSVP to Patti Barrows at pbarrows@goddardhouse.org or
at 617.731.8500 (Monday to Friday 7 A.M.-4 P.M.)*

