

To Flavor! To Health! To Life!



Celebrating the Mediterranean Diet

Talk & Tastings
with Oldways and Taberna de Haro



Thursday, April 26, 2018

6:00–7:30 P.M.

Goddard House Assisted Living, 165 Chestnut Street, Brookline

ABOUT THE PRESENTERS



Kelly Toups of Oldways has a passion for delicious, nutritious food which she discovered while studying the Mediterranean diet in Sicily. She holds a bachelor's degree in nutrition from the University of Texas and a master's degree in gastronomy from Boston University. Oldways is a nonprofit food and nutrition education

organization, with a mission to inspire healthy eating through cultural food traditions. oldwayspt.org



Deborah Hansen is chef/sommelier/owner of Taberna de Haro in Brookline, a culinary destination for authentic Spanish food with one of the most extensive Spanish wine lists in the United States. An Oldways culinary partner, Chef Hansen will speak about biodynamic wines and sherry. tabernaboston.com



Taberna de Haro

Event is free of charge.

RSVP to Jennifer Miller
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Program sponsored
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(goddardhouse.org) and Senior Living
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