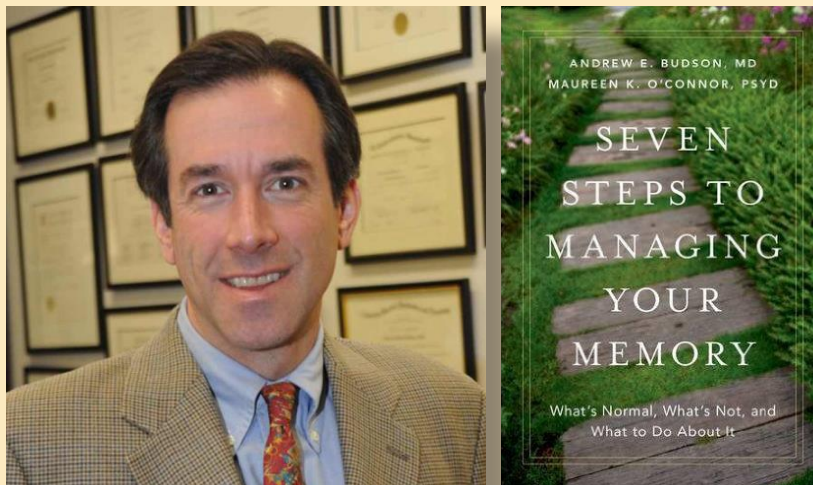


SEVEN STEPS TO MANAGING YOUR MEMORY

What's Normal, What's Not, and What to Do About it

A book-release event with co-author Andrew Budson, M.D.
at Goddard House Assisted Living, 165 Chestnut St., Brookline
Presented with Boston University Alzheimer's Disease Center

**Tuesday, July 25th, 2017 • 6:00 pm Reception
6:30-7:30 pm Talk & Discussion**



As you age, you may find yourself worrying about your memory. Where did I put those car keys? What time was my appointment? What was her name again?

With more than 41 million Americans over the age of 65 in the United States, the question becomes how much (or, perhaps, what type) of memory loss is to be expected as one gets older and what should trigger a visit to the doctor.

Seven Steps to Managing Your Memory addresses these key concerns!

Dr. Andrew Budson is Professor of Neurology at Boston University School of Medicine, Associate Director for Research at the **Boston University Alzheimer's Disease Center**, Lecturer in Neurology at Harvard Medical School, and Consultant Neurologist at the Division of Cognitive and Behavioral Neurology, Department of Neurology, at Brigham and Women's Hospital. He sees patients and teaches at his memory disorders clinic at VA Boston.

RSVP to Michaela Barrows at mbarrows@goddardhouse.org 617-731-8500 x130



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Alzheimer's Disease Center