

Goddard House Assisted Living

JULY 2018

Olmsted Programs 1st Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Jewelry Design 11:00 Finishing Lines 1:15 Garden Explorations 2:00 Women in History 3:00 Energy Break 3:15 Music Program 3:15 Concert: Mike Higgins in Concert- Palm Ct 4:30 Matter of Balance 6:15 Evening Movie 8:00 Energy Break	2 9:00 Pet Pals Visit 9:30 MUSIC with ANGEL! 10:30 Mind Stretchers 11:00 A Matter of Balance 1:15 Nature: Sensory Exploration 2:00 Trivia 3:00 Energy Break 3:15 Arts and Crafts 4:15 A Matter of Balance 6:15 A to Z Trivia 7:00 Evening Movie 8:00 Energy Break	3 <i>Hair Salon Open</i> 9:30 A Matter of Balance 10:00 Reconnections: Founding Fathers of America 10:00 Green City Growers 11:00 Sing-a-long 1:15 Reconnections: The Constitution 2:00 Dance with Audrey 3:00 Energy Break 3:15 Travel the World 4:00 MUSIC with Deb 6:15 Evening Movie 8:00 Energy Break	4 9:30 A Matter of Balance 10:00 Reconnections: July 4 th Celebrations 'Round the World 11:00 Patriotic Sing-a-long Noon: COOKOUT 1:15 Music Program 2:15 I Love America JINGO 3:00 Energy Break 3:15 Reconnections: What Freedom Means to Me 4:00 CHOIR with Deb 2 nd fl. 4:00 Name Ten Trivia 6:15 Evening Movie 8:00 Energy Break	5 9:30 A Matter of Balance 10:00 Reconnections: American Monuments 11:00 A to Z Trivia: Artists 11:00 Lunch Trip 1:30 Music with ANGEL 2:45 Energy Break 3:00 Reconnections: Politics Today 3:30 Words in a Word 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break	6 9:30 A Matter of Balance 10:00 ART 10:45 Energy Break 11:00 Garden Explorations 1:00 DANCE W/AUDREY! 2:00 Cranium Express! 3:00 Energy Break 3:15 Puzzles/Games 3:30 Shabbat Service 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break	7 9:30 A Matter of Balance 10:00 Music Group w/EMILY 11:15 A to Z Trivia 1:15 Sing-a-long 2:00 Crafts 3:00 Energy Break 3:15 Words in a Word 4:00 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break
8 9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art Class 11:00 Words in a Word 1:15 Nature Walks 2:00 Women in History 3:00 Energy Break 3:15 Music Program 3:15 Concert: Richie Bern in Concert- Palm Ct 4:30 Matter of Balance 6:15 Evening Movie 8:00 Energy Break	9 9:30 MUSIC with ANGEL! 10:30 Mind Stretchers 11:00 A Matter of Balance 1:15 Nature: Sensory Exploration 2:00 BOXING: Work it OUT! 2:45 Energy Break 3:00 Crafts 4:00 A Matter of Balance 4:30 News Currents 6:15 Mind Stretchers 7:00 Evening Movie 8:00 Energy Break	10 <i>Hair Salon Open</i> 9:30 A Matter of Balance 10:00 Reconnections: Overview-National Parks 10:00 Green City Growers 11:00 Sing-a-long 1:15 Reconnections: Yellowstone National Park 2:00 Dance with Donna 3:00 Energy Break 3:15 Travel the World 4:00 MUSIC with Deb 6:15 Evening Movie 8:00 Energy Break	11 9:30 A Matter of Balance 10:00 Reconnections: Yosemite 11:00 Words in a Word Noon: COOKOUT 1:15 Ice Cream Excursion 1:15 Music Program 2:15 Puzzles/Games 3:00 Energy Break 3:15 Reconnections: Acadia National Park 4:00 CHOIR with Deb 2 nd fl. 4:00 Name Ten Trivia 6:15 Evening Movie 8:00 Energy Break	12 9:30 A Matter of Balance 10:00 Reconnections: Camping Out Stories 10:45 Energy Break 11:00 A to Z Trivia: Artists 11:00 Lunch Trip 1:30 Music with ANGEL 2:45 Energy Break 3:00 Reconnections: National Park Wildlife 3:30 Words in a Word 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break	13 9:30 A Matter of Balance 10:00 Arts & Crafts 11:00 Name Ten Trivia 1:00 DANCE w/AUDREY 2:15 Jewelry Design Class 3:00 Energy Break 3:30 Shabbat Service 3:30 Words in a Word 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break	14 9:30 A Matter of Balance 10:00 Jewelry Design Class 10:45 Energy Break 11:00 A to Z Trivia: Names 1:15 Mind Stretchers 2:00 Art Class 3:00 Energy Break 3:15 Kevin Sherwin in CONCERT- Palm Ct 3:15 Music Program 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break
15 9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Watercolor Art 11:00 Words in a Word 1:15 News Currents 2:00 Nature Exploration 2:45 Energy Break 3:00 Music Program 3:15 Concert: Frank Adams in Concert- Palm Court 4:30 Walking Club 6:15 Evening Movie 8:00 Energy Break	16 9:00 Pet Pals Visit 9:30 MUSIC with ANGEL! 10:30 Word Games 11:00 A Matter of Balance! 1:15 A to Z Trivia: 2:00 Cooking Class 2:00 Boston Pops Lecture- Traditional 3:00 Energy Break 3:15 Sing-a-long 4:15 A Matter of Balance 6:15 News Currents 7:00 Evening Movie 8:00 Energy Break	17 <i>Hair Salon Open</i> 9:30 A Matter of Balance 10:00 Reconnections: The Rat Pack 10:00 Green City Growers 11:00 Trivia/Word Games 1:00 Reconnections: Women of the Rat Pack 2:00 Dance with Audrey 3:15 Energy Break 3:30 Trivia 4:00 Music with Deb 6:15 Evening Movie 8:00 Energy Break	18 9:30 A Matter of Balance 10:00 Reconnections: Frank Sinatra 11:00 Words in a Sentence Noon: COOKOUT 1:15 Music Program 1:15 Seaside Drive 2:00 Art Class 3:00 Energy Break 3:15 Reconnections: Dean Martin 4:00 CHOIR with Deb 2 nd f 6:15 Evening Movie 8:00 Energy Break	19 9:30 A Matter of Balance 10:00 Reconnections: Musical Memories of the Rat Pack 10:45 Energy Break 11:00 Art Class 1:30 Music with Angel 2:45 Energy Break 3:00 Reconnections: Las Vegas Rat Pack Haunts 4:00 A Matter of Balance 4:30 Music Program 6:15 Evening Movie 8:00 Energy Break	20 9:30 A Matter of Balance 10:00 Arts/Crafts 11:00 Cranium Express 1:00 DANCE with AUDREY 2:00 Mind Joggers 3:00 Energy Break 3:30 Shabbat Service 3:30 Trivia 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break	21 9:30 A Matter of Balance 10:00 Crafts Class 11:00 Crosswords 1:15 Music Program 2:00 ART 3:00 Energy Break 3:15 Outdoor Sensory Nature Exploration 4:15 Matter of Balance 6:15 Evening Movie 8:00 Energy Break

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Arts & Crafts 11:00 Sing-a-long 1:15 Name Ten Trivia 2:00 Puzzles/Games 3:00 Energy Break 3:15 Travel the World 3:30 Concert: Eric Gustafson- Palm Court 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break	9:30 Music with ANGEL! 10:30 Matter of Balance 11:00 Trivia 1:00 Nature Walks 2:00 Travel America: 3:15 Energy Break 3:30 Words in a Word 4:15 A Matter of Balance 6:15 Name Ten Trivia 7:00 Evening Movie 8:00 Energy Break	Hair Salon Open 9:30 A Matter of Balance 10:00 Green City Growers 10:00 Reconnections: Water Sports 11:00 Words in a Word 1:00 Reconnections: History of Sailing 2:00 Dance with Donna 3:10 Energy Break 3:30 Mind Joggers 4:00 Music with Deb 6:15 Evening Movie 8:00 Energy Break	9:30 A Matter of Balance 10:00 Reconnections: Boat Making 10:30 Nature Walk 11:00 Sing-a-long Noon: COOKOUT 1:15 Word Games 2:15 Reconnections: Nautical Knots! 3:30 A Matter of Balance 4:00 Name Ten 4:00 CHOIR with Deb 2 nd fl 6:15 Evening Movie 8:00 Energy Break	Grab Your Passport! MOROCCO! 9:30 A Matter of Balance 10:00 A Taste of Morocco: Sfenji 10:30 ART Class 11:30 Music Program 1:00 Trivia 1:30 Music with ANGEL! 3:00 Nature Exploration 3:45 Andre Rieu 4:00 Moroccan DANCE Performance 6:15 Evening Movie: The Road to Morocco! 8:00 Energy Break	9:30 A Matter of Balance 10:00 Watercolor Class 11:00 Word Games/Trivia 1:00 DANCE w/AUDREY! 2:00 Prize BINGO! 3:00 Energy Break 3:15 Shabbat Service 3:15 Our National Parks 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break	9:30 A Matter of Balance 10:00 Music Group w/EMILY 11:00 Word Games/Trivia 1:15 Music Program 2:00 Art 3:00 Energy Break 3:15 BINGO! 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break
29	30	31				
9:30 Matter of Balance 10:00 Crafts 10:00 Broadcast Mass 11:00 Word Games 1:15 Garden Exploration 2:00 Jewelry Design Class 3:15 Richie Bern in Concert - Palm Ct 4:30 Walking Club 6:15 Evening Movie 8:00 Energy Break	9:00 Pet Pals Visit 9:30 MUSIC with ANGEL! 10:30 Word Games 11:15 A Matter of Balance! 1:15 Nature Walk 2:00 Story Sharing 3:00 Energy Break 3:15 Arts and Crafts 4:15 A Matter of Balance 6:00 Mind Joggers 7:00 Evening Movie 8:00 Energy Break	9:30 A Matter of Balance 10:00 Music Program 10:00 Green City Growers 11:00 Reconnections: Old Cape Cod 1:15 Reconnections: Growth of Cape Cod 2:00 Dance with Audrey 3:15 Energy Break 3:30 Watercolors 4:00 Music with Deb 6:15 Evening Movie 8:00 Energy Break		<i>Weather permitting, groups may meet outdoors</i>	<u>Programming Guide</u> <ul style="list-style-type: none"> • Lifelong Learners • Arts and Music • Life Celebration • Health & Wellness/Fitness • Spiritual Expression • Nature Focus • Relaxation/Just for fun! • Social Engagement • Community Trips • Interests/Hobbies 	<u>Daily 1:1 & Small Group* Programming w/RCA's</u> <ul style="list-style-type: none"> • 10:15 Manicures/Massage • 11:15 Walks & 1:1 Talks • 1:30 Puzzles/Art/Games • 2:15 Read/Music/Photo &/or Magazine Browse • 3:30 Puzzles/Art/Games • 4:15 Walks & 1:1 Talks • 7:15 Puzzles/Music/Photo &/or Magazine Browse • 8:15 Walks & Talks *Focused support (20-30mins) with 1-3 individuals