

# Goddard House Assisted Living

# JUNE 2018

# Olmsted Programs 1st Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>June Birthdays</u></p> <p>Rita S. 6/10 Barbara T. 6/21 Arlane L. 6/26</p>	<p>Weather permitting, groups may meet outdoors</p>	<p><u>Programming Guide</u></p> <ul style="list-style-type: none"> <li>Lifelong Learners</li> <li>Arts and Music</li> <li>Life Celebration</li> <li>Health &amp; Wellness/Fitness</li> <li>Spiritual Expression</li> <li>Nature Focus</li> <li>Relaxation/Just for fun!</li> <li>Social Engagement</li> <li>Community Trips</li> <li>Interests/Hobbies</li> </ul>	<p><u>Daily 1:1 &amp; Small Group* Programming w/RCA's</u></p> <ul style="list-style-type: none"> <li>10:15 Manicures/Massage</li> <li>11:15 Walks &amp; 1:1 Talks</li> <li>1:30 Puzzles/Art/Games</li> <li>2:15 Read/Music/Photo &amp;/or Magazine Browse</li> <li>3:30 Puzzles/Art/Games</li> <li>4:15 Walks &amp; 1:1 Talks</li> <li>7:15 Puzzles/Music/Photo &amp;/or Magazine Browse</li> <li>8:15 Walks &amp; Talks</li> </ul> <p>*Focused support (20-30mins) with 1-3 individuals</p>		<p>9:30 A Matter of Balance 10:00 ART 11:00 Gardening 1:00 DANCE W/AUDREY! 2:00 Cranium Express! 3:00 Energy Break 3:15 Puzzles/Games 3:30 Shabbat Service 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 MoMA with Jenny 11:00 Laughter Club 1:15 Word Games 2:00 Poetry 3:00 Energy Break 3:15 News Currents 4:00 Yoga/Meditation 6:15 Evening Movie 8:00 Energy Break</p>
<p>3</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art Class 11:00 Words in a Word 1:15 Nature Walks 2:00 Women in History 3:00 Energy Break 3:15 Music Program 3:30 Concert: Sally and Jim in Concert- Palm Ct 4:30 Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>4</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:00 Mind Stretchers 11:00 MUSIC with ANGEL! 1:15 Nature: Sensory Exploration 2:00 Trivia 2:30 Cornell Coley: DRUMS-Traditional 3:00 Energy Break 3:15 Arts and Crafts 4:15 A Matter of Balance 6:15 A to Z Trivia 7:00 Evening Movie 8:00 Energy Break</p>	<p>5</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Wedding Customs 'Round the World 10:00 Green City Growers 11:00 Sing-a-long 1:15 Reconnections: Planning a Garden Wedding 2:00 Dance with Audrey 3:15 Lincoln Sch Gardeners 3:15 Travel the World 4:00 MUSIC with Deb 6:15 Evening Movie 8:00 Energy Break</p>	<p>6</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Sharing Our Wedding Stories 11:00 Words in a Word Noon: COOKOUT 1:15 Ice Cream Excursion 1:15 Music Program 2:15 Puzzles/Games 3:00 Energy Break 3:15 Reconnections: Wedding Photo Share 4:00 CHOIR with Deb 2<sup>nd</sup> fl. 4:00 Name Ten Trivia 6:15 Evening Movie 8:00 Energy Break</p>	<p>7</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Decorating Wedding Cupcakes 11:00 A to Z Trivia: Artists 11:00 Lunch Trip 1:30 Music with ANGEL 2:30 Reconnections: Wedding Anniversary Celebrations 3:30 Words in a Word 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>8</p> <p>9:30 A Matter of Balance 10:00 Arts &amp; Crafts 11:00 Name Ten Trivia 1:00 DANCE w/AUDREY 2:15 Jewelry Design Class 3:00 Energy Break 3:30 Shabbat Service 3:30 Words in a Word 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>9</p> <p>9:30 A Matter of Balance 10:00 Music Group w/EMILY 11:00 A to Z Trivia: Names 1:15 Mind Stretchers 2:00 Art Class 3:00 Energy Break 3:15 Music Program 3:15 Matt McCabe in Concert: Palm Ct 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>
<p>10</p> <p>Happy Birthday RITA!</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 ART 11:00 Words in a Word 1:00 Women in History 2:00 Nature Exploration 2:45 Rita's Birthday Party 3:30 Concert: - Joe Weinberg in Concert- Palm Court 4:30 Walking Club 6:15 Evening Movie 8:00 Energy Break</p>	<p>11</p> <p>9:30 A Matter of Balance 10:00 CRANIUM EXPRESS 11:00 Music with ANGEL! 1:15 A to Z Trivia: 2:00 Cooking Class 2:00 Boston Pops Lecture-Traditional 3:00 Energy Break 3:15 Sing-a-long 4:15 A Matter of Balance 6:15 News Currents 7:00 Evening Movie 8:00 Energy Break</p>	<p>12</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Reconnections: New England Travel 10:00 Green City Growers 11:00 Trivia/Word Games 1:15 Reconnections: NH Lake Vacations 2:00 Dance with Donna 2:00 Music-Lost &amp; Found w/Betty Hauck - Traditional 3:00 Music Program 3:10 Lincoln School Gardeners 4:00 Music with Deb 6:15 Evening Movie 8:00 Energy Break</p>	<p>13</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Vermont Destinations 11:00 Words in a Sentence Noon: COOKOUT 1:15 Music Program 1:15 Seaside Drive 2:00 National Parks 3:00 Energy Break 3:15 Reconnections: Historic Boston 4:00 CHOIR with Deb 2<sup>nd</sup> f 6:15 Evening Movie 8:00 Energy Break</p>	<p>14</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Lexington &amp; Concord 11:00 Art Class 11:00 Reconnections: Tour- Lexington &amp; Concord 1:00 Travel the World 1:30 Music with Angel 2:45 Energy Break 3:15 Trivia 4:15 A Matter of Balance 6:15 Evening Movie 7:00 Stillhouse Down Concert: Palm Ct 8:00 Energy Break</p>	<p>15</p> <p>9:30 A Matter of Balance 10:00 Arts/Crafts 11:00 Cranium Express 1:00 DANCE with AUDREY 2:00 Mind Joggers 3:00 Energy Break 3:30 Shabbat Service 3:30 Trivia 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>16</p> <p>9:30 A Matter of Balance 10:00 Jewelry Design 11:00 Crosswords 1:15 Music Program 2:00 BINGO! 3:00 Energy Break 3:15 Outdoor Sensory Nature Exploration 4:15 Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Father's Day! 17</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Arts &amp; Crafts 11:00 Sing-a-long 1:15 Story Sharing 2:00 Mind Stretchers 3:00 Energy Break 3:30 Travel the World 3:30 Concert: Jim Kellerman Concert- Palm Court 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>18</p> <p>9:30 A Matter of Balance 10:00 Reconnections: The Kennedy Family 11:00 Music with ANGEL! 1:00 Mind Stretchers 2:00 Reconnections: The Kennedys - Rose &amp; Joe! 3:15 Energy Break 3:30 Words in a Word 4:15 A Matter of Balance 6:15 Name Ten Trivia 7:00 Evening Movie 8:00 Energy Break</p>	<p>Hair Salon Open 19</p> <p>9:30 A Matter of Balance 10:00 Green City Growers 11:00 1:15 Words in a Word 2:00 Dance with Audrey 3:10 Energy Break 3:15 Mind Joggers 4:00 Music with Deb 6:15 Evening Movie 8:00 Energy Break</p>	<p>20</p> <p>9:30 A Matter of Balance 10:00 The Kennedys- The Next Generation 11:00 Sing-a-long Noon: COOKOUT 1:15 MEMORY CAFE 1:15 Word Games 2:15 Reconnections: The Kennedys- Public Service Legacy 3:30 A Matter of Balance 4:00 Word Games 4:00 CHOIR with Deb 2<sup>nd</sup> fl 6:15 Evening Movie 8:00 Energy Break</p>	<p>Happy Birthday Barbara! Grab Your Passport! 21</p> <p>ICELAND 9:30 A Matter of Balance 10:00 Iceland: History &amp; Culture 11:00 Travel the World 11:00 Kennedy Museum Trip 1:30 Music with ANGEL! 2:00 Honorary Consul of Iceland: James Gerrity 2:45 Barbara's Birthday Party! 3:15 Sing-a-long 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>22</p> <p>9:30 A Matter of Balance 10:00 Watercolor Class 11:00 Word Games/Trivia 1:00 DANCE w/AUDREY! 2:00 Prize BINGO! 3:00 Energy Break 3:15 Shabbat Service 3:15 Our National Parks 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>23</p> <p>9:30 A Matter of Balance 10:00 Music Group w/EMILY 11:00 Word Games/Trivia 1:15 Music Program 2:00 Art 3:00 Energy Break 3:15 BINGO! 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>
<p>24</p> <p>9:30 Matter of Balance 10:00 ART 10:00 Broadcast Mass 11:00 Word Games 1:15 Garden Exploration 2:00 Jewelry Design Class 3:30 Patrice Monahan Concert - Palm Ct 4:30 Meditation/Yoga 6:15 Evening Movie 8:00 Energy Break</p>	<p>25</p> <p>9:00 Pet Pals Visit 9:30 Matter of Balance 10:00 Mind Joggers! 11:00 Music w/ANGEL! 1:15 Story Sharing 2:00 BOXING: Let's ROCK IT! 3:00 Energy Break 3:15 Arts and Crafts 4:15 A Matter of Balance 7:00 Evening Movie 8:00 Energy Break</p>	<p>26</p> <p><i>Arlane's Birthday!</i> 9:30 A Matter of Balance 10:00 Music Program 10:00 Green City Growers 11:00 Reconnections: American Inventors 1:15 Reconnections: Life Changing Inventions 2:00 Dance with Audrey 3:15 <i>Arlane's Birthday Party!</i> 4:00 Music with Deb 6:15 Evening Movie 8:00 Energy Break</p>	<p>27</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Your Top TEN Life Changing Inventions Noon: COOKOUT 1:15 LIFETIME ACHIEVEMENT AWARD 2:15 Ben Franklin: Inventions 3:00 Energy Break 3:15 A Matter of Balance 4:00 A to Z Trivia: Colors 4:00 CHOIR with Deb 2<sup>nd</sup> fl 6:15 Evening Movie 8:00 Energy Break</p>	<p>28</p> <p>9:30 A Matter of Balance 10:00 Reconnections: What's to see at Museum of Science 11:00 Karaoke! 11:15 Diner's Club 11:15 Museum of Science Trip! 1:30 Music with ANGEL! 2:45 Mind Stretchers 3:00 Energy Break 3:15 Watercolor Class 4:15 A Matter of Balance 6:00 Evening Movie 8:00 Energy Break</p>	<p>29</p> <p>9:30 A Matter of Balance 10:00 Words in a Word 11:00 Cranium Express! 1:00 DANCE w/AUDREY! 2:00 Crafts 3:00 Energy Break 3:30 Shabbat Service 3:30 Word Games/Trivia 4:15 A Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>	<p>30</p> <p>9:30 A Matter of Balance 10:00 Music Group w/EMILY 11:00 Women in History 1:15 News Currents 2:00 Art with Jenny 3:00 Energy Break 3:15 Laughter Club 4:15 A Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>