

Goddard House Assisted Living

MAY 2018

1st Floor Olmsted Programming

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u><i>Birthdays</i></u></p> <p><i>Loretta H. 5/8</i></p>	<p><i>Weather permitting, some of our programming may be enjoyed outdoors</i></p>	<p>Hair Salon Open 1</p> <p>9:30 A Matter of Balance 10:00 Reconnections: History of Photography 10:00 Green City Growers 11:00 Lip Sync Songfest 1:15 Words in a Word 2:00 Dance with Donna 3:00 Energy Break 3:15 Reconnections: Film Giants 4:00 MUSIC with Deb 6:00 Comedy Classics 8:00 Energy Break</p>	<p>2</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Photographing Nature 11:00 Words in a Word 1:15 City Tour 1:15 Music Program 2:15 Puzzles/Games 3:00 Energy Break 3:15 Reconnections: Ansel Adams 4:00 CHOIR with Deb 2nd fl 4:15 A Matter of Balance 6:00 Movie Night 8:00 Energy Break</p>	<p>3</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Photography—the Social Message 11:00 A to Z: Vacation Destinations 1:30 Music with ANGELA 2:30 Reconnections: Sharing Our Photo Stories 3:30 Energy Break 4:00 A Matter of Balance 6:00 Movie Favorites 8:00 Energy Break</p>	<p>4</p> <p>9:30 A Matter of Balance 10:00 Music & Imagery/Interns 10:00 Music Program 11:00 Name Ten Trivia 1:15 Sm. Music Circle w/ Sally 1:15 Music Circle w/Interns 1:00 DANCE W/AUDREY! 2:00 Art Class 3:00 Energy Break 3:15 Puzzles/Games 3:30 Shabbat Service 4:15 A Matter of Balance 6:00 Movies Classics</p>	<p>5</p> <p>9:30 A Matter of Balance 10:00 MoMA with Jenny 11:00 Laughter Club 1:15 Women in History 2:00 Word Games 3:00 Energy Break 3:15 News Currents 4:00 Yoga/Meditation 6:00 Classic Movie 8:00 Energy Break</p>
<p>6</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art Class w/Kristen 11:00 Words in a Sentence 1:15 Outdoor Fun 2:00 Puzzles/Games 3:00 Energy Break 3:15 Music Program 3:30 Concert: NEC Prep Chamber Group – Palm Ct 4:30 Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>	<p>7</p> <p>9:30 A Matter of Balance 10:00 CRANIUM EXPRESS 11:00 MUSIC with ANGLELA! 1:15 Mind Stretchers 2:00 Words in a Sentence 3:00 Energy Break 3:15 Arts and Crafts 4:15 A Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>	<p><i>Happy Birthday Loretta!</i> 8</p> <p>9:30 A Matter of Balance 10:00 Reconnections: The Hummingbird 10:00 Green City Growers 11:00 Sing-a-long 1:15 Words in a Word 2:00 Dance with Audrey 3:15 <i>Loretta's Party!</i> 3:45 Reconnections: Hummingbird Habitats 4:00 MUSIC with Deb 6:00 Golden Girls 8:00 Energy Break</p>	<p>9</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Fun Facts about Hummingbirds 11:00 Words in a Word 1:15 City Tour 1:15 Music Program 2:15 Puzzles/Games 3:00 Energy Break 3:15 Reconnections: Favorite Flowers of Hummingbirds 4:00 CHOIR with Deb 2nd fl 4:00 Word Games 6:00 Movie Night 8:00 Energy Break</p>	<p>10</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Hummingbird Art 11:00 A to Z Trivia: Birds 11:00 Lunch Trip 1:30 Music with ANGELA 2:30 Reconnections: Birds in Flight 3:30 Words in a Word 4:15 A Matter of Balance 6:00 Movie 8:00 Energy Break</p>	<p>11</p> <p>9:30 A Matter of Balance 10:00 Arts & Crafts 11:00 Name Ten 1:15 Cranium Express 1:00 Fun in the Sun! 2:15 Jewelry Class 3:00 Energy Break 3:30 Shabbat Service 3:30 Sharing Stories 4:15 A Matter of Balance 6:00 Movie 8:00 Energy Break</p>	<p>12</p> <p>9:30 A Matter of Balance 10:00 Music Group w/EMILY 11:00 Words in a Word 1:15 Name Ten! 2:00 Art Class 3:00 Energy Break 3:15 Prize BINGO 4:15 A Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>
<p><i>Happy Mother's Day</i> 13</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 ART with Maritza 11:00 Words in a Word 1:00 Name Ten Trivia 2:00 ART 3:00 Energy Break 3:30 Concert: – Guitarist - Palm Court 4:30 Walking Club 6:00 Movie Classic 8:00 Energy Break</p>	<p>14</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:00 CRANIUM EXPRESS 11:00 Music with ANGELA! 1:15 A to Z Trivia: 2:00 Cooking Class 2:00 Boston Pops Lecture-Traditional 3:00 Energy Break 3:15 Sing-a-long 4:15 A Matter of Balance 6:00 Comedy Night 8:00 Energy Break</p>	<p>Hair Salon Open 15</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Local Town History 10:00 MFA ACCESS TOUR 10:00 Green City Growers 11:00 Mind Stretchers 1:15 Reconnections: Brookline Town History 2:00 Dance with Donna 3:10 Lincoln School Gardeners 4:00 Music with Deb 6:00 Movie 8:00 Energy Break</p>	<p>16</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Boston Landmarks Discussion 11:00 Words in a Sentence 1:15 Music Program 1:15 Boston Landmarks Tour 2:00 National Parks 3:00 Energy Break 3:10 Lincoln School Gardeners 3:15 Reconnections: The Freedom Trail 4:00 CHOIR with Deb 2nd f 6:00 Movie 8:00 Energy Break</p>	<p>17</p> <p>9:30 A Matter of Balance 10:00 Reconnections: History of the Arboretum 11:00 Art Class 11:30 Diner's Club 1:30 Music with Angela 2:30 Reconnections: History of Jamaica Plain 3:00 Energy Break 3:15 Words in a Sentence 4:15 A Matter of Balance 6:00 Movie: 8:00 Energy Break</p>	<p>18</p> <p>9:30 A Matter of Balance 10:00 Arts/Crafts 11:00 Cranium Express 1:00 DANCE with AUDREY 2:00 Mind Joggers 3:00 Energy Break 3:30 Shabbat Service 3:30 Bowling Tournament 4:15 A Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>	<p>19</p> <p>9:30 A Matter of Balance 10:00 Music Circle w/Jackie 11:00 Name Ten Trivia 1:15 Music with Jackie 2:00 Art with Maritza 3:00 Energy Break 3:15 Word Games 4:15 A Matter of Balance 6:00 Movie Night 8:00 Energy Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
<p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art with Kristen 11:00 Word Games 1:15 Fun in the Sun 2:00 Puzzles/Board Games 3:00 Energy Break 3:30 Travel the World 3:30 Concert: Classical Piano & Song - Palm Court 4:15 A Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>	<p>GYP -SCOTLAND! 9:30 A Matter of Balance 10:00 Cooking: Scottish CRANACHANS 11:00 Music with ANGELA! 1:15 Art Class 2:00 Sharing Stories 2:00 Scotland: Lecture& Dance 3:00 Energy Break 3:30 Words in a Word 4:15 A Matter of Balance 6:00 Movie Classic 7:00 Scottish Bagpipes Player—Palm Court 8:00 Energy Break</p>	<p>Hair Salon Open 9:30 A Matter of Balance 10:00 Art Class 11:00 Reconnections: Washington 1:15 Words in a Word 2:00 Dance with Audrey 3:00 Energy Break 3:10 Lincoln School Gardeners 3:15 Reconnections: White House Tour 4:00 Music with Deb 6:00 Movie Classic 8:00 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 How a Bill Becomes Law 10:00 Green City Growers 11:15 CITY TOUR! 11:00 Sing-a-long 1:15 MEMORY CAFE 1:15 Word Games 2:15 Reconnections: Washington DC Monument Art 3:30 A Matter of BALANCE 4:00 Word Games 4:00 CHOIR with Deb 2nd fl 6:00 Movie Classic 8:00 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 Reconnections: Passing a Citizenship Test 11:15 Museum/Lunch Trip 11:15 Word Games 1:30 Music with ANGELA! 2:30 Reconnections: Bake a Cherry Pie! 3:00 Energy Break 3:15 Name Ten Trivia 4:15 A Matter of Balance 6:00 Comedy 8:00 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 Words in a Word 11:00 Cranium Express! 1:15 Outdoor Fun 2:00 DANCE w/AUDREY! 3:00 Energy Break 3:30 Shabbat Service 3:30 Art 4:15 A Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 Music Group w/EMILY 11:00 Word Games/Trivia 1:15 News Currents 2:00 Art with Jenny 3:00 Energy Break 3:15 Laughter Club 4:15 A Matter of Balance 6:00 Movie Classic 8:00 Energy Break</p>
27	28	29	30	31		
<p>9:30 A Matter of Balance 10:00 ART 10:00 Broadcast Mass 11:00 Word Games 1:15 Outdoor Fun 2:00 Puzzles/Games 3:30 CONCERT- Violin & Piano Duo - Palm Ct 4:30 Meditation/Yoga 6:00 Movie 8:00 Energy Break</p>	<p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:00 CRANIUM EXPRESS! 11:00 Music with ANGELA! 1:15 Bowling Tournament! 2:00 Crosswords 3:00 Energy Break 3:15 Words in a Word 4:15 A Matter of Balance 6:00 Movie 8:00 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 Art Class 11:00 Reconnections: The Armed Forces 1:15 Words in a Word 2:00 Dance with Audrey 3:00 Energy Break 3:15 Reconnections: Women in the Armed Forces 3:10 Lincoln School Gardeners 4:00 Music with Deb 6:00 Movie Classic 8:00 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 Reconnections: Fighting for Freedom 10:00 Green City Growers 11:15 CITY TOUR! 1:15 Music Program 2:15 Puzzles/Games 3:00 Energy Break 3:15 Reconnections: Wartime SPAM recipes & Tasting 4:00 Word Games 4:00 CHOIR with Deb 2nd fl 6:00 Movie Classic 8:00 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 Reconnections: Decoration Day 11:00 Karaoke! 11:15 Diner's Club 1:30 Music with ANGELA! 2:30 Mind Stretchers 3:00 Energy Break 3:15 Personal Wartime Stories 4:15 A Matter of Balance 6:00 Comedy 8:00 Energy Break</p>	<p><u>Programming Guide</u></p> <ul style="list-style-type: none"> ● Lifelong Learners ● Arts and Music ● Life Celebration ● Health & Wellness/Fitness ● Spiritual Expression ● Nature Focus ● Relaxation/Just for fun! ● Social Engagement ● Community Trips ● Interests/Hobbies 	<p><u>Daily 1:1 & Small Group* Programming w/RCA's</u></p> <ul style="list-style-type: none"> ● 10:15 Manicures/Massage ● 11:15 Walks & 1:1 Talks ● 1:30 Puzzles/Art/Games ● 2:15 Read/Music/Photo &/or Magazine Browse ● 3:30 Puzzles/Art/Games ● 4:15 Walks & 1:1 Talks ● 7:15 Puzzles/Music/Photo &/or Magazine Browse ● 8:15 Walks & Talks <p>*Focused support (20-30mins) with 1-3 individuals</p>