

Goddard House Assisted Living

November 2018

Olmsted Programs 1st Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Programming Guide</u></p> <ul style="list-style-type: none"> • Lifelong Learners • Arts and Music • Life Celebration • Health & Wellness/Fitness • Spiritual Expression • Nature Focus • Relaxation/Just for fun! • Social Engagement • Community Trips • Interests/Hobbies 	<p><u>Daily 1:1 & Small Group* Programming w/RcAs</u></p> <ul style="list-style-type: none"> • 10:45 Manicures/Massage • 11:00 Walks & 1:1 Talks • 1:30 Puzzles/Art/Games • 2:00 Walks • 2:30Read/Music/Photo &/or Magazine Browse • 3:30 Puzzles/Art/Games • 4:00 Walks & 1:1 Talks • 7:15 Puzzles /Photo &/or Magazine Browse in DR <p>*Focused support (20-30mins) with 1-2 individuals</p>	<p>November Birthdays:</p> <p>Bernice Z. - 9th</p>		<p>1</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Reconnections: The Impressionist Movement 10:45 Name that Tune! 11:15 A to Z Trivia: 1:00 Travel the World 1:30 Music with ANGEL 3:00 Reconnections: Monet 3:00 Green City Growers; Pickling & Herbs Class 3:30 Mind Stretchers 4:15 YOGA 6:00 Words in a Word 7:15 Evening Movie</p>	<p>2</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 DANCE with AUDREY 2:00 Around the World w/Natalia 3:15 Creative Arts w/Natalia 3:15 Shabbat Service 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:00 ADAM BERGERON CONCERT 7:15 Evening Movie 8:00 Energy Break</p>	<p>3</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Pictionary 1:00 Travel the World 1:30 Creative Arts w/Natalia 2:30 Dance w/Natalia 3:00 Energy Break 3:15 Music Thru the Decades 4:00 Bruce Hambro Lecture: Jerome Kern - TRADITIONAL 4:15 Healing Hearts YOGA 6:00 Guess Who Trivia! 7:15 Evening Movie 8:00 Energy Break</p>
<p>4</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:00 Broadcast Mass 10:00 Art Class 11:00 Words in a Word 1:30 Nature Walks 2:00 Trivia 3:00 Energy Break 3:15 Music Program 3:15 Concert: Erik Gustafson -Palm Ct 4:30 Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>	<p>5</p> <p>9:30 MUSIC w/ANGEL! 10:45 Energy Break 11:00 Matter of Balance 1:00 Name Ten Trivia 2:00 ART CLASS 3:00 Energy Break 3:15 Nature's Symphony 4:00 A Matter of Balance 4:30 Music Program 6:15 Mind Stretchers 7:00 Evening Movie 8:00 Energy Break</p>	<p>6</p> <p>Grab Your Passport PORTUGAL 9:30 A Matter of Balance 10:15 Energy Break 10:00 Reconnections: Renoir 10:45 Reminiscing w/Natalia 11:00 FLAMENCO Dancer performs! Traditional 1:00 Reconnections: Mary Cassatt 1:40- Trivia w/Natalia 2:00 Dance with Audrey 3:00 Portuguese Sweet Treats 3:15 Travel the World: Portugal 4:00 Music with Deb 6:00 Name Ten 7:15 Evening Movie</p>	<p>7</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Words in a Word 10:40 Reconnections: Van Gogh 1:00 Music Program 1:45 Dancing w/ Natalia 3:00 Energy Break 3:15 Art History 4:00 CHOIR with Deb 2nd fl. 4:15 Healing Hearts YOGA 6:00 Words in a Word 7:15 Evening Movie 8:00 Energy Break</p>	<p>8</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Reconnections: The Impressionists 10:45 Name that Tune 11:15 A to Z Trivia 11:30 DINERS CLUB 1:00 Travel the World 1:30 Music with ANGEL 3:00 Reconnections: 3:30 Mind Stretchers 4:15 YOGA 6:00 CONCERT-Matt McCabe – 7:15 Evening Movie 8:00 Energy Break</p>	<p>9</p> <p>Bernice's Birthday! 9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 Sing-a-long! 1:45 Around the World w/Natalia 3:00 Bernice's Party! 3:30 Creative Arts w/Natalia 3:15 Shabbat Service 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break</p>	<p>10</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Pictionary! 1:30 Creative Arts with Natalia 2:45 Energy Break 3:15 Music Through the Decades 4:15 Healing Hearts YOGA 6:00 Guess Who Trivia! 7:15 Evening Movie 8:00 Energy Break</p>
<p>Veteran's Day 11</p> <p>9:30 A Matter of Balance 10:00 Energy Break 10:00 Broadcast Mass 10:15 Art 11:15 Travel the World 1:00 Patriotic Sing-a-long 2:00 Name Ten Trivia 3:15 Concert Joey B Bop- Palm Court 3:15 Music Program 4:30 Walking Club 6:00 Musical Trivia 7:15 Evening Movie 8:00 Energy Break</p>	<p>Veteran's Day Observed 12</p> <p>9:30 MUSIC with ANGEL! 10:45 Energy Break 11:00 Matter of Balance 11:00 Veteran's Day Ceremony 1:00 Name Ten Trivia 1:00 Music Program 1:30 Words in a Word 2:00 Barry Pell Lecture: Mediterranean Europe - Traditional 3:00 Energy Break 3:15 ART Design 4:15 A Matter of Balance 6:00 Who Am I? 7:00 Evening Movie 8:00 Energy Break</p>	<p>Hair Salon Open 13</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:15 History of WWII 10:45 Reminiscing w/Natalia 1:00 Reconnections: History of WWII—Battleships 1:30 Trivia w/Natalia 2:00 Dance with Donna 3:15 Energy Break 3:30 Creative Arts/Healing 4:00 Music with Deb 6:00 Name Ten Trivia 7:15 Evening Movie 8:00 Energy Break</p>	<p>14</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Reconnections: The Faces of WWII-Women 1:00 Reconnections: WWII - the changing role of women 1:45 Dance with Natalia 2:45 Energy Break 3:15Reconnections: War time Cuisine 3:15 Art History 4:00Healing Hearts YOGA 4:00 CHOIR with Deb 2nd f 6:00 Words in a Word 7:15 Evening Movie 8:00 Energy Break</p>	<p>15</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 WWII Era Music & Dance 10:45 Name that Tune! 11:15 A to Z Trivia 11:30 Museum Trip! 1:00 Travel the World 1:30 Music with ANGEL! 2:45 Energy Break 3:00 Mind Stretchers 4:00Healing Hearts YOGA 6:00 Words in a Word 7:15 Evening Movie</p>	<p>16</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 DANCE with AUDREY 2:00 Around the World w/Natalia 3:00 Energy Break 3:15 Creative Arts w/Natalia 3:15 Shabbat Service 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break</p>	<p>17</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:00 Music Group w/EMILY 11:15 Mind Stretchers 1:00 National Parks 1:30 MUSIC with ANGEL! 2:30 Dance w/ Natalia! 3:00 Energy Break 3:15 Pictionary! 4:30 Healing Hearts YOGA 6:00 Guess Who Trivia 7:15 Evening Movie 8:00 Energy Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 9:30 A Matter of Balance 10:15 Energy Break 10:40 Broadcast Mass 10:45 Arts & Crafts 1:15 Music Program 2:00 Puzzles/Games 3:00 Energy Break 3:15 Travel the World 3:15 Concert: Mike Higgins- Palm Court 4:30A Matter of Balance 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break	19 9:00 Pet Pals Visit 9:30 MUSIC with ANGEL! 10:45 Energy Break 11:00 Matter of Balance 11:30 Trivia 1:00 Words in a Word Exercise 1:30 ART CLASS 2:30 Name Ten Trivia 3:00 Energy Break 3:30 Prize Bingo! 4:15 A Matter of Balance 6:00 Trivia 7:15 Evening Movie 8:00 Energy Break	20 9:30 A Matter of Balance 10:00 National Parks Program 10:00 MFA ACCESS TOUR 10:15 Energy Break 10:45 Reconnections: Thanksgiving --Origins 1:00 Music Program 1:30 Reconnections: Thanksgiving around the World 2:00 Dance with Audrey 3:30 Creative Arts Healing 4:00 Music with Deb 6:00 Name Ten Trivia 7:15 Evening Movie	21 9:30 A Matter of Balance 10:15 Energy Break 10:45Reconnections Planning your holiday dinner 1:30 Memory CAFE 1:45DANCE w/Natalia 2:45 Energy Break 3:00 Holiday Cooking Class 4:00 Healing Hearts Yoga 4:00 CHOIR with Deb 2 nd fl 6:00 Thanksgiving TRIVA 7:15 Evening Movie 8:00 Energy Break	<i>Happy Thanksgiving!</i> 22 9:30 A Matter of Balance 10:00 Energy Break 10:15 MACY's Thanksgiving Day Parade! 11:30 What are we thankful for? 11:30 DINER's CLUB Noon: Thanksgiving Dinner 1:00 Travel the World 1:30 Music with ANGEL! 2:45 Energy Break 3:30 Trivia 4:15 Healing Hearts YOGA 6:00 Words in a Word 7:15 Holiday Evening Movie 8:00 Energy Break	23 9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 DANCE with AUDREY 2:00 Around the World w/Natalia 3:00 Energy Break 3:15 Creative Arts w/Natalia 3:15 Shabbat Service 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break	24 9:30 A Matter of Balance 10:15 Energy Break 10:00 Music Group w/EMILY 11:00 Mind Stretchers 1:45 Arts & Crafts w/Natalia 2:45 Energy Break 3:15 Music through the Decades 4:15 Healing Hearts YOGA 6:00 Guess Who Trivia! 7:00 Brookline School of Music Performs- Palm Court 7:15 Evening Movie 8:00 Energy Break
25 9:30Matter of Balance 10:15 Energy Break 10:30National Parks 10:45 Broadcast Mass 1:15 A to Z Trivia 2:00 ART CLASS 3:15 Concert: Jack Glennon- Palm Ct 3:15 Music Program 4:30 Walking Club 6:00 Trivia 7:15 Evening Movie 8:00 Energy Break	26 9:30 MUSIC with ANGEL! 10:45 Energy Break 11:00 Matter of Balance 1:15 Mind Stretchers 2:00 Art Class 3:00 Energy Break 3:15 National Parks 4:15 A Matter of Balance 6:00 News of the Day 7:15 Evening Movie 8:00 Energy Break	27 9:30 A Matter of Balance 10:15 Energy Break 10:00 Music Program 10:00 Reconnections: Radio Shows 10:45 Reminiscing w/Natalia 1:15 Reconnections: Radio Personalities 2:00 Dance with Audrey 3:15 Energy Break 3:30 Creative Arts Healing 4:00 Music with Deb 6:00 Name Ten Trivia 7:15 Evening Movie 8:00 Energy Break	28 9:30 A Matter of Balance 10:15 Energy Break 10:00 Reconnections: Reality TV 10:40 Small Group w/Natalia 11:00 Sing-a-long 1:45 Word Games 2:15 Reconnections: Dancing with the Stars! 3:00 LIFETIME ACHIEVEMENT AWARD 4:00 Name Ten 4:00 CHOIR with Deb 2 nd fl 6:00 Words in a Word 7:15 Evening Movie 8:00 Energy Break	29 9:30 A Matter of Balance 10:15 Energy Break 10:30 Reconnections: Game Shows 10:45 Name that Tune! 11:15 A to Z Trivia 11:30 Dining OUT! 1:00 Travel the World 1:30 Music with ANGEL! 2:45 Energy Break 3:00 Mind Stretchers 4:00 Healing Hearts YOGA 6:00 Words in a Word 7:15 Evening Movie	30 9:30 A Matter of Balance 10:15 Energy Break 10:45 Music Group w/SALLY 10:45 Trivia w/Natalia 1:00 DANCE with AUDREY 2:00 Around the World w/Natalia 3:00 Energy Break 3:15 Creative Arts w/Natalia 3:15 Shabbat Service 4:15 Healing Hearts/YOGA 6:00 Mind Joggers 7:15 Evening Movie 8:00 Energy Break	