

Goddard House Assisted Living

JULY 2018

Olmsted Programs 2nd Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Women in History! 1:15 Matter of Balance 1:45 ART Class 3:00 National Parks Program 3:15 CONCERT: Mike Higgins 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 Women in History 7:15 Evening Movie 8:15 Energy Break	2 9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Name Ten Trivia 1:45 Watercolor Art 2:45 Energy Break 3:00 Nature Walk 3:30 A Matter of Balance 4:00 Words in a Word 6:00 Famous Faces 7:15 Evening Movie 8:15 Energy Break/Evening Chats	3 Hair Salon Open 9:30 A Matter of Balance 10:00 Green City Grwers 1 st fl 10:00 Music Program 10:45 Reconnections: Founding Fathers 1:15 Reconnections: The Constitution 2:00 Dance with DONNA 3:15 Energy Break 3:30 Nature Exploration 4:15 A Matter of Balance 6:00 Music with Deb 7:15 Evening Movie 8:15 Energy Break/Evening Chats	9:00 Pet Pals Visits 9:30 A Matter of Balance Exercise Group 10:15 Energy Break 10:30 Music Group: Karaoke T 10:45 Reconnections: July 4 th Celebrations 'Round the World NOON: July 4 th Cook-Out 1:15 Reconnections: What Freedom Means to Me 2:00 ART Class 3:15 Crossword Puzzles 4:00 CHOIR with Deb 6:15 Famous Architecture 7:15 Evening Movie 8:15 Energy Break	5 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Reconnections: Iconic American Monuments 11:30 Diner's Club 1:00 National Parks 1:45 Reconnections: American Politics Today 2:00 Name Ten Trivia 3:00 Music with ANGELA 4:15 A Matter of Balance 6:00 Travel America: Charleston South Carolina 7:15 Evening Movie 8:00 Energy Break	6 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Name Ten Trivia 1:15 National Parks 1:15 Arboretum Tour 2:00 DANCE with Audrey 3:00 Energy Break 3:15 Art Project 3:30 Shabbat Service 4:15 A Matter of Balance 6:00 Who's Who? 7:15 Evening Movie 8:00 Energy Break	7 9:30 A Matter of Balance 10:15 Energy Break/TRIVIA 11:00 Music with EMILY 1:15 A to Z: Flowers 1:45 ART Class 2:45 Energy Break 3:00 Puzzles/Games 4:00 A Matter of Balance 4:30 Sing-a-long 6:00 Mind Stretchers 7:15 Evening Movie 8:00 Energy Break
8 9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Nature Explorations 1:15 Matter of Balance 1:45 ARTs & Crafts 3:00 National Parks Program 3:15 CONCERT: Richie Bern 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 ICONIC Photos 7:15 Evening Movie 8:15 Energy Break	9 9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Name Ten Trivia 1:45 Watercolor Art 2:00 Lecture: Justin Locke 2:45 Energy Break 3:00 Nature Walk 3:45 A Matter of Balance 4:15 Words in a Word 6:00 Famous Faces 7:15 Evening Movie	10 Hair Salon Open 9:30 A Matter of Balance 10:00 Green City Grwers 1 st fl 10:00 Music Program 10:45 Reconnections: National Parks Overview 1:15 Reconnections: Yosemite 2:00 Dance with Audrey 3:15 Energy Break 3:30 Nature Exploration 4:15 A Matter of Balance 6:00 Music with Deb 7:15 Evening Movie 8:15 Energy Break	9:00 Pet Pals Visits 9:30 Matter of Balance 10:15 Energy Break 10:30 Music Group 10:45 Reconnections: Yellowstone 1:15 Reconnections: Acadia 2:00 ART Class 3:15 Energy Break 3:30 Words in a Word 4:00 CHOIR with Deb 6:15 Word Games 7:15 Evening Movie 8:15 Energy Break	12 9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 10:45 Reconnections: Camping 11:15 Museum Trip 1:45 Reconnections: Park Wildlife 2:00 Gardening 3:00 Music with ANGELA 4:00 Reconnections: 6:00 Mind Stretchers 8:00 Energy Break	13 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Cranium Express 1:15 Seaside Drive 1:15 Music Program 2:00 DANCE with Audrey! 3:00 Energy Break 3:15 Word Games 3:30 Shabbat Service 4:15 Matter of Balance 6:00 Travel America: San Francisco 7:15 Evening Movie 8:15 Energy Break	14 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 1:15 Name Ten Trivia 2:00 Jewelry Design 3:00 Energy Break 3:15 Travel the World! 4:15 Trivia/Word Games 6:00 Travel Scenic America: Maine 7:15 Evening Movie 8:00 Energy Break
15 9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Women in History! 1:15 Matter of Balance 1:45 ART Class 3:00 National Parks Program 3:15 CONCERT: Frank Adams 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 Words in a Word 7:15 Evening Movie 8:15 Energy Break	16 <i>Happy Birthday Zona!</i> 9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Name Ten Trivia 1:45 Watercolor Art 3:00 <i>Zona's Party!</i> 3:30 Nature Walk 4:00 A Matter of Balance 4:30 Words in a Word 6:00 Famous Faces 7:15 Evening Movie 8:15 Energy Break	17 9:30 A Matter of Balance 10:00 Green City Grwers 1 st fl 10:00 Music Program 10:00 MFA ACCESS TOUR 10:45 Reconnections: The Rat Pack 1:15 Reconnections: Women of the Rat Pack 2:00 Dance with DONNA 3:15 Energy Break 3:30 Nature Walk 4:15 A Matter of Balance 6:00 Music with Deb 7:15 Evening Movie	18 9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Group 10:45 Reconnections: Frank Sinatra 1:15 Reconnections: Dean Martin 2:00 Arts and Crafts 3:00 Energy Break 3:15 Nature Exploration 4:00 CHOIR with Deb 6:15 Iconic Photos 7:15 Evening Movie 8:00 Energy Break	19 9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 10:45 Reconnections: Rat Pack Movies 11:00 Diner's Club 1:45 Reconnections: Famous Clubs 2:45 Energy Break 3:00 Music with ANGELA 4:15 A Matter of Balance 6:00 Evening Movie 7:15 Evening Movie 8:00 Energy Break	20 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Cranium Express 1:15 City Tour 2:00 DANCE with Audrey! 3:00 Energy Break 3:30 Shabbat Service 3:30 Trivia 4:15 A Matter of Balance 6:00 Who's Am I? 7:15 Evening Movie 8:00 Energy Break	21 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Group 11:30 Nature Walks 1:15 Name Ten Trivia 2:00 Arts and Crafts 3:15 CONCERT: Kevin Sherwin 3:15 Board Games/Puzzles 4:15 A Matter of Balance 6:00 National Parks 7:15 Evening Movie 8:00 Energy Break

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Jewelry Design Class 1:15 Matter of Balance 1:45 ART Class 2:45 Energy Break 3:00 National Parks Program 3:15 CONCERT: Erik Gustafson 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 Famous TV Shows – 1950s 7:15 Evening Movie 8:15 Energy Break</p>	<p>23</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Word Games/ Trivia 2:15 Arts and Crafts 3:00 Energy Break 3:30 A Matter of Balance 4:00 Words in a Word 6:00 Travel America: DC 7:15 Evening Movie 8:15 Energy Break</p>	<p>24</p> <p>Hair Salon Open 9:30 A Matter of Balance 10:00 Green City Grwers 1st fl 10:00 Music Program 10:00 Green City Growers 10:45 Reconnections: Water Sports 1:15 Reconnections: History of Sailing 2:00 Dance with AUDREY 2:00 Bruce Hambro: Judy Garland 3:30 Words in a Word 4:15 A Matter of Balance 6:00 Music w/Deb 7:15 Evening Movie</p>	<p>25</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Group 10:45 Reconnections: Boat making 1:15 Reconnections: Nautical Knots 2:00 Arts and Crafts 3:00 Energy Break 3:15 Nature Exploration 4:00 CHOIR with Deb 6:15 Famous Monuments 'Round the World 7:15 Evening Movie</p>	<p>26</p> <p>Grab Your Passport! Morocco! 9:30 A Matter of Balance 10:15 A Taste of Moroccan: Sfenji! 10:45 Reconnect: Maritime Art 11:15 Luncheon Trip 1:15 Music Program 1:45 Reconnections: Americas Cup 2:45 Energy Break 3:00 Music with Angela 4:00 Moroccan Dance Performance 6:00 Sites of MOROCCO! 6:00 WINIKER lecture Palm Ct 7:15 Evening Movie: The Road to Morocco! 8:15 Energy Break</p>	<p>27</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:45 Mind Stretchers 1:00 Sing-a-long 1:15 City Tour 2:00 DANCE with Audrey! 3:15 Name Ten Trivia 3:15 Shabbat Service 4:15 A Matter of Balance 6:00 Iconic Photos 7:15 Evening Movie 8:00 Energy Break</p>	<p>28</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 11:00 MUSIC with EMILY! 1:15 Word Games 2:00 Women in History 3:00 Energy Break 3:15 I Love America Jingo! 4:15 A Matter of Balance 6:00 Word Games 7:15 Evening Movie 8:00 Energy Break</p>
<p>29</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Women in History! 1:15 Matter of Balance 1:45 Jewelry Class 2:45 Energy Break 3:00 National Parks Program 3:15 CONCERT: Archie Richards 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 Travel America: NYC! 7:15 Evening Movie 8:15 Energy Break</p>	<p>30</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Name Ten Trivia 1:45 Watercolor Art 2:45 Energy Break 3:00 Nature Walk 3:30 A Matter of Balance 4:00 Words in a Word 6:00 Who are they? 7:15 Evening Movie 8:15 Energy Break</p>	<p>31</p> <p>9:30 A Matter of Balance 10:00 Green City Grwers 1st fl 10:00 Music Program 10:45 Reconnections: Old Cape Cod 1:15 Reconnections: Growth of Cape Cod 2:00 Dance with Donna 3:15 LIFETIME ACHIEVEMENT AWARD! 4:00 A Matter of Balance 6:00 Music w/Deb 7:15 Evening Movie 8:00 Energy Break</p>	<p><u>July Birthdays</u></p> <p>Zona F.- 16th</p>	<p>Weather permitting, groups may meet outdoors</p>	<p><u>Programming Guide</u></p> <ul style="list-style-type: none"> • Lifelong Learners • Arts and Music • Life Celebration • Health & Wellness • Spiritual Expression • Nature Focus • Relaxation/Fun • Social Engagement • Community Trips • Hobbies/Interests 	<p><u>Daily 1:1 & Small Group* Programming w/RCA's</u></p> <ul style="list-style-type: none"> • 10:15 Manicures/Massage • 11:15 Walks & 1:1 Talks • 1:30 Puzzles/Art/Games • 2:15 Read/Music/Photo &/or Magazine Browse • 3:30 Puzzles/Games • 4:15 Walks & 1:1 Talks • 7:15 Puzzles/Music/Photos/Reading • 8:15 Walks & Talks