

Goddard House Assisted Living

October 2018

Olmsted Programs 2nd Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Birthdays:</i></p> <p><i>Marilyn R. - 3rd</i></p>	<p>1</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Name Ten Trivia 1:45 Watercolor Art 2:45 Energy Break 3:00 History of Labor Day 3:45 A Matter of Balance 4:15 Words in a Word 6:00 What's in the News? 7:15 Evening Movie 8:00 Energy Break</p>	<p>2</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Green City Growers 1st fl 10:00 Music Program 10:45 Reconnections: Superstition-Origins of Superstitions Around the World 2:00 Dance with Audrey 3:15 Energy Break 3:30 Nature Exploration 4:15 A Matter of Balance 6:00 Music with Deb 7:15 Evening Movie 8:15 Energy Break</p>	<p>3</p> <p>Happy Birthday, Marilyn!</p> <p>9:00 Pet Pals Visits 9:30 Matter of Balance 10:15 Energy Break 10:30 Music Group 10:45 Reconnections: The Top Ten Superstitions 1:00 City Tour 1:15 Reconnections: Old Wives' Tales 2:00 ART 3:00 Marilyn's Party! 3:30 Words in a Word 4:00 CHOIR with Deb 6:00 What's in the News? 7:15 Evening Movie 8:15 Energy Break</p>	<p>4</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 10:45 Reconnections: Old Fashioned Remedies 11:15 Diner's Club 1:45 Reconnections: Funniest & Scariest Superstition & Remedies 2:30 Nature Walk 3:00 Music with ANGELA 4:15 Words in a Word 6:00 Iconic Photos 7:00 CONCERT- Matt McCabe -Palm Court 8:15 Energy Break</p>	<p>5</p> <p>9:30 A Matter of Balance 10:00 Energy Break 10:15 Art Class 11:15 Sing-a-long 1:00 Music Group with Sally 2:00 DANCE with AUDREY 3:15 Energy Break 3:30 Trivia 3:15 Shabbat Service 4:15 Matter of Balance 6:00 Evening Movie 8:15 Energy Break</p>	<p>6</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Women in History 1:15 Music Program 1:45 Arts & Crafts 3:00 Energy Break 3:15 Word Games 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>
<p>7</p> <p>9:30 A Matter of Balance 10:30 Broadcast Mass 10:30 Music Program 10:45 Words in a Word! 1:15 Songfest 1:45 ARTS & Crafts 3:00 Scenic Drive America 3:15 CONCERT: Keun Young Sun 4:30 Stretch Out! 6:00 News of the Day w/Kristen 7:15 Evening Movie 8:15 Energy Break</p>	<p>8</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 10:40 Trivia 11:00 Music with Angel 1:00 Sing-a-long 1:40 Watercolor Art 2:45 Energy Break 3:00 Travel the World 3:45 Stretching 4:15 Words in a Word 6:00 What's in the News? 7:15 Evening Movie 8:00 Energy Break</p>	<p>9</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Green City Growers 1st fl 10:00 Music Program 10:00 Reconnections: Paris-City of Lights 1:40 Reconnections: Iconic Images of Paris 2:00 Dance with Donna 3:15 Energy Break 3:30 Nature Exploration 4:15 A Matter of Balance 6:00 Music with Deb 7:15 Evening Movie 8:15 Energy Break</p>	<p>10</p> <p>9:00 Pet Pals Visits 9:30 Matter of Balance 10:15 Energy Break 10:30 Music Group 10:40 Reconnections: Art-the Impressionists 1:15 Reconnections: Cooking- Profiteroles 2:00 ART 3:30 Words in a Word 4:00 CHOIR with Deb 6:00 What's in the News? 7:15 Evening Movie 8:15 Energy Break</p>	<p>11</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 10:45 Reconnections: All about Versailles 11:15 Museum Trip- McMullen 1:45 Reconnections: French Wines- Tasting Party 3:00 Music with ANGELA 4:15 Stretching Class 6:00 Iconic Photos 7:00 Movie 8:15 Energy Break</p>	<p>12</p> <p>30 A Matter of Balance 10:00 Energy Break 10:15 Art Class 11:15 Sing-a-long 1:00 Music Group with Sally 2:00 Name Ten Trivia 3:15 Energy Break 3:30 Trivia 3:15 Shabbat Service 4:15 Exercise 6:00 Evening Movie 8:15 Energy Break</p>	<p>13</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Name Ten Trivia 11:00 Music with EMILY 1:00 Words in a Word 2:00 Art Class 3:00 Energy Break 3:15 Prize Bingo! 4:15 A Matter of Balance 6:15 Evening Movie 8:00 Energy Break</p>
<p>14</p> <p>9:30 A Matter of Balance 10:30 Broadcast Mass 10:30 Music Program 10:45 Women in History! 1:15 Matter of Balance 1:45 ART Class 3:00 National Parks Program 3:15 CONCERT: Patrice Monahan 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 Elvis: The Man & his Music 7:15 Evening Movie 8:15 Energy Break</p>	<p>15</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 11:30 Stretching 1:15 Name Ten Trivia 1:45 Watercolor Art 3:00 Energy Break 3:15 Stretching 4:00 Words in a Word 6:00 Famous Faces 7:15 Evening Movie 8:15 Energy Break</p>	<p>16</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Green City Growers 1st fl 10:00 MFA ACCESS TOUR 10:15 Travel the World 10:45 Reconnections: Salem Witch Trials History 1:40 Music Program 2:00 Dance with Audrey 3:15 Trivia 3:45 Reconnections: Myths About the Witch Trials 4:15 Stretching 6:00 Music with Deb 7:15 Evening Movie</p>	<p>17</p> <p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:30 Music Group 10:45 Reconnections: The Victims of the Witch Trials 1:00 Foliage Drive 1:40 Reconnections: Witch Trials Documentary & Discussion 2:00 Arts and Crafts 3:15 Name Ten Trivia 4:00 CHOIR with Deb 6:00 Iconic Photos 7:15 Evening Movie 8:00 Energy Break</p>	<p>18</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 10:45 Reconnection- Kitchen Witchcraft & Magic! 11:30 Diner's Club 1:45 Words in a Word 2:45 Energy Break 3:00 ART Class 4:15 Stretching 6:00 News of the Day 7:15 Evening Movie 8:15 Energy Break</p>	<p>19</p> <p>9:30 A Matter of Balance 10:00 Energy Break 10:15 Art Class 11:15 Sing-a-long 1:00 Music Group with Sally 2:00 DANCE with AUDREY 3:15 Energy Break 3:30 Trivia 3:15 Shabbat Service 4:15 Matter of Balance 6:00 Evening Movie 8:15 Energy Break</p>	<p>20</p> <p>9:30 A Matter of Balance 10:15 Energy Break 10:30 ART CLASS 1:15 Name Ten Trivia 2:00 Prize Bingo! 3:15 Concert: Frank Adams 3:15 Music Program 4:15 A Matter of Balance 6:00 Evening Movie 8:00 Energy Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
<p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Jewelry Design Class 1:15 Matter of Balance 1:45 ART Class 2:45 Energy Break 3:00 National Parks Program 3:15 CONCERT: Ethan Stone - Palm Court 4:00 A to Z Trivia 4:30 Bend & Stretch 6:00 Famous TV Shows – 1950s 7:15 Evening Movie 8:15 Energy Break</p>	<p>9:30 A Matter of Balance 10:15 Energy Break 10:45 Reconnections: Baseball-History of the Game 1:00 Travel the World 1:40 Reconnections: Baseball Rivalries through the Years 2:00 Justin Locke Lecturer 3:30 Stretching 4:00 Words in a Word 6:00 What's in the News? 7:15 Evening Movie 8:15 Energy Break</p>	<p>Hair Salon Open GRAB YOUR PASSPORT AUSTRALIA!! 9:30 A Matter of Balance 10:00 Cooking: Rocky Road Australian Treats! 11:00 Trivia NOON: Celebrate Australian Desserts! Rocky Road Treats for Main Dining Room 2:00 Dance with Donna 3:15 Energy Break 3:30 Words in a Word 4:15 A Matter of Balance 6:00 Music w/Deb 7:15 Evening Movie 8:15 Energy Break</p>	<p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Group 10:45 Reconnections: The Boston Red Sox! 1:40 Reconnections: What do you know about the Red Sox? 2:00 Arts and Crafts 3:00 Energy Break 3:15 Words in a Word 4:00 CHOIR with Deb 6:00 What is in the News? 7:15 Evening Movie 8:15 Energy Break</p>	<p>9:30 A Matter of Balance 10:15 Trivia/Word Games 10:40 Reconnections: Fenway Park 11:30 Allandale Farm Trip & Lunch 1:00 National Parks 1:40 Art Class 2:45 Baseball Energy Break 3:00 Music with Angela 4:15 Words in a Word 6:00 Mind Stretchers 7:15 Evening Movie 8:15 Energy Break</p>	<p>30 A Matter of Balance 10:00 Energy Break 10:15 Art Class 11:15 Sing-a-long 1:00 Music Group with Sally 2:00 DANCE with AUDREY 3:15 Energy Break 3:30 Trivia 3:15 Shabbat Service 4:15 Matter of Balance 6:00 Evening Movie 8:15 Energy Break</p>	<p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Music Program 11:00 MUSIC with EMILY! 1:15 Word Games 2:00 Nature Walk 3:00 Energy Break 3:15 Sally McKnight-Harrison Concert 3:15 ART Class 4:15 A Matter of Balance 6:00 Word Games 7:15 Evening Movie 8:00 Energy Break</p>
28	29	30	31			
<p>9:30 A Matter of Balance 10:15 Energy Break 10:30 Broadcast Mass 10:30 Music Program 10:45 Women in History! 1:15 Matter of Balance 1:45 Jewelry Class 2:45 Energy Break 3:00 National Parks Program 3:15 CONCERT: Richie Bern- Palm Court 4:30 Bend & Stretch 6:00 News Currents 7:15 Evening Movie 8:15 Energy Break</p>	<p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Mind Stretchers 11:00 Music with Angel 1:15 Name Ten Trivia 1:45 Watercolor Art 2:45 Energy Break 3:00 Nature Project 3:30 A Matter of Balance 4:00 Words in a Word 6:00 Who Am I? 7:15 Evening Movie 8:15 Energy Break</p>	<p>9:30 A Matter of Balance 10:00 Fall Gardening 10:15 Music Program 10:40 Reconnections: Haunted New England 1:00 Trivia 1:40 Reconnections: The House of Seven Gables 2:00 Dance with Audrey 3:15 Energy Break 3:30 ART Class 4:30 A Matter of Balance 6:00 Music w/Deb 7:15 Evening Movie 8:00 Energy Break</p>	<p>9:00 Pet Pals Visit 9:30 A Matter of Balance 10:15 Energy Break 10:30 Lip Sync Songfest 10:40 Reconnections: Ghost Stories 1:00 Music Group 2:00 Reconnections: Halloween Costume Party! 3:30 Lifetime Achievement Award 4:00 CHOIR with Deb 6:15 Haunted Houses 7:15 Evening Movie 8:00 Energy Break</p>	<p><u>Programming Guide</u></p> <ul style="list-style-type: none"> ● Lifelong Learners ● Arts and Music ● Life Celebration ● Health & Wellness ● Spiritual Expression ● Nature Focus ● Relaxation/Fun ● Social Engagement ● Community Trips ● Hobbies/Interests 	<p><u>Daily 1:1 & Small Group* Programming w/RCA's</u></p> <ul style="list-style-type: none"> ● 10:15 Manicures/Massage ● 11:15 Walks & 1:1 Talks ● 1:30 Puzzles/Art/Games ● 2:15 Read/Music/Photo &/or Magazine Browse ● 3:30 Puzzles/Games ● 4:15 Walks & 1:1 Talks ● 7:15 Puzzles/Music/Photos/Reading ● 8:15 Walks & Talks 	