

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Programs Guide</u></p> <ul style="list-style-type: none"> • Lifelong Learners • Arts and Music • Life Celebration • Health & Wellness • Spiritual Expression • Nature Focus • Relaxation/Fun • Social Engagement • Community Trips • Hobbies/Interests 	<p><u>February Birthdays</u></p> <p>5th Devora 6th Elaine 15th Dorothy P</p>	<p><u>Social Dining Hours</u></p> <p>Breakfast: 7:30-9:00 Lunch: 12:00-1:00 Dinner: 5:00-6:00</p>		<p>1</p> <p>9:30 A Matter of Balance 10:00 Baking for MSPCA 11:00 A to Z: Pet Animals 1:00 February: Fun Facts & Observations 1:00 Deliver baked doggie treats to MSPCA 1:00 Words in a Sentence 2:00 Bowling Tournament 2:45 Energy Break 3:00 Music with ANGELA 4:00 Mind Stretchers 6:00 Movie Favorites 7:00 Matt McCabe Concert 8:00 Energy Break</p>	<p>2</p> <p>9:30 A Matter of Balance 10:00 Cooking Class 11:00 Music Circle/Interns 11:00 Sm Music Grp w/Sally 1:00 Name Ten 1:30 City Tour 1:30 Manicures 2:00 Sing-a-long 3:00 Energy Break 3:15 Nature's Symphony 3:30 Shabbat Service 4:00 Word Games/Trivia 4:00 Music & Imagery/Interns 6:00 Comedy Night 8:00 Energy Break</p>	<p>3</p> <p>9:30 MUSIC w/ANGELA! 10:00 Prize BINGO 11:00 Women in History 1:00 Matter of Balance 2:00 Sing-a-long 3:00 Energy Break 3:15 Art Project 3:15 Manicures & Massages 4:00 Our National Parks 6:00 Movie Classic 8:00 Energy Break</p>
<p>SUPERBOWL SUNDAY! 4</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Baking: Football Cookies! 11:00 Lip Sync Songfest! 1:00 Words in a Sentence 2:00 Jewelry Class 3:00 Energy Break 3:30 CONCERT-JAZZ--Palm Ct 3:30 Travel the World 4:30 Walking Club 6:00 Movie 8:00 Energy Break</p>	<p>5</p> <p><i>Happy Birthday, DEVORA!</i></p> <p>9:00 Pet Pals Visit 1st fl 9:30 A Matter of Balance 10:00 Reconnections: Italy! 11:00 Three Tenors in Concert 1:00 Mind Stretchers 2:00 Reconnections: Italian Masters 3:00 Devora's Birthday Party! 3:30 Word Games 4:30 Music Program 6:00 Movie Classic 8:00 Energy Break</p>	<p>6</p> <p>Hair Salon Open <i>Happy Birthday, ELAINE!</i></p> <p>9:30 A Matter of Balance 10:00 Reconnections: Let's Make Cannoli! 11:00 Mind Joggers 1:00 Reconnections: Rome 2:00 Dance with AUDREY 3:00 Elaine's Birthday Party! 3:30 A to Z Trivia 4:30 Travel the World 6:00 Italian Songfest w/Deb 7:00 The Godfather 8:00 Energy Break</p>	<p>8</p> <p>9:30 Matter of Balance 10:00 Cooking with Kristen 11:00 Words in a Word 11:00 Manicures 1:00 Sing-a-long 2:00 Mind Joggers 3:00 Energy Break 3:15 Art Class 4:00 CHOIR with Deb 4:00 Manicures 6:00 Movie 6:00 Walking Club 8:00 Energy Break</p>	<p>9</p> <p>9:30 A Matter of Balance 10:00 Art Class 11:00 Music Group/Interns 11:00 Sm Music Circle w/Sally 1:00 National Parks 1:30 City Tour: Jamaica Plain 2:00 Trivia/Word Games 3:15 Sing-a-long 3:30 Shabbat Service 3:30 Crosswords 4:00 Music & Imagery-Interns 6:00 Movie 8:00 Energy Break</p>	<p>10</p> <p>Grab Your Passport! VIET NAM</p> <p>9:30 A Matter of Balance 10:00 ART w/Daniela 11:00 Music with RYAN 11:00 Viet Nam Lecturer 1:00 Name Ten 2:00 Music Group 2:00 Jewelry Class 3:15 Sing-a-long 4:00 Bowling Tournament 6:00 Movie Classics 8:00 Energy Break</p>	
<p>11</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art with Jenny 11:00 News Currents 1:00 Laughter Club 2:00 MoMA Art Program 3:00 Energy Break 3:15 Word Games 3:30 Concert: D. Weslowski-Piano 4:30 Meditation 6:00 Classic Movie 8:00 Energy Break</p>	<p>12</p> <p>9:00 Pet Pals Visit 1st fl 9:30 Music with Angela 10:30 Reconnections-History of CHOCOLATE 11:30 A Matter of Balance 1:00 Decadent Chocolate Desserts 1:30 Word Games 2:30 Sweetheart Crafts 3:30 Sing-a-long 4:30 A to Z 6:00 Movie 8:00 Energy Break</p>	<p>13</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Chocolate Factories 11:00 Mind Stretchers 1:00 Reconnections: Golden Age of Chocolate in Spain 1:00 Name Ten 2:00 Dance with DONNA 3:00 Ice Cream Social 3:15 My Favorite Valentines 4:00 Bird Sightings 6:00 Music with Deb 7:00 Movie Night 8:00 Energy Break</p>	<p>14</p> <p>Valentine's Day</p> <p>9:30 A Matter of Balance 10:00 Baking Sweet Treats 11:00 A to Z: Famous Sweethearts 1:00 Mind Joggers 2:00 Flower Arranging 3:00 Sweetheart Party 3:30 Crosswords 4:00 CHOIR with Deb 6:00 Movie Classic 8:00 Energy Break</p>	<p>15</p> <p><i>Happy Birthday Dorothy!</i></p> <p>9:30 A Matter of Balance Exercise 10:00 Reconnections: Baking Original Toll House Cookies 11:00 Museum Our National Heritage Trip 11:00 Mind Stretchers 1:00 Sing-a-long 2:00 Scrapbooking 3:00 Dorothy's Party!! 3:30 Words in a Sentence 4:30 Walking Club 6:00 Movie 8:00 Energy Break</p>	<p>16</p> <p>9:30 A Matter of Balance 10:00 Cooking with Katie 11:00 Music Group/Interns 11:00 Sm. Music Grp w/SALLY 1:00 National Parks 1:15 Scenic Drive: Wellesley 1:00 National Parks 2:00 Trivia/Word Games 3:30 Shabbat Service 4:00 Sing-a-long 4:00 Music & Imagery-Interns 6:00 Movie Night 8:00 Energy Break</p>	<p>17</p> <p>9:30 MUSIC w/ANGELA! 10:30 Art Class 11:30 A Matter of Balance 1:00 Music Group w/CASEY 2:00 Mind Stretchers 3:00 Energy Break 3:15 Beading Class 4:00 Name TEN! 6:00 Movie Classics 7:00 Brookline Music School Concert: Palm Court 8:00 Energy Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 QUILTING Class 11:00 Words in a Word 1:00 Mind Stretchers 2:00 Beading 3:00 Energy Break 3:15 Concert: Piano & Clarinet --Palm Court 3:15 Andre Rieu Show 4:30 Walking Club 6:00 Movie 8:00 Energy Break	19 President's Day 9:00 Pet Pals 1 st floor 9:30 Matter of Balance 10:00 I Love America JINGO 11:00 Patriotic Songfest 1:00 Trivia 2:00 Manicures 2:30 Cornell Coley Drum Circle Traditional 3:00 Energy Break 3:15 Words in a Sentence 4:00 Bowling Tournament 6:00 Movie 8:00 Energy Break	20 Hair Salon Open 9:30 A Matter of Balance 10:00 Art Class 10:15 MFA ACCESS TOUR 11:00 Reconnections: Founding Fathers of USA 1:00 A to Z: Politicians 2:00 Dance with Audrey 3:00 Tea Party 3:15 Reconnections: Philadelphia 4:00 Word Games 6:00 Patriotic Music w/Deb 7:00 Comedy Night 8:00 Energy Break	21 9:30 A Matter of Balance 10:00 Kristen's Cooking Class 11:00 Name Ten 1:00 Sing-a-long 2:00 BINGO with Prizes! 3:00 Energy Break 3:15 Mind Stretchers 4:00 Olmsted Choir 6:00 Movie 8:00 Energy Break	22 9:30 Matter of Balance 10:00 Let's Bake a Cherry Pie! 11:00 Trivia 1:00 Lawrence Welk: USA Salute 2:00 Reconnections: Washington DC—the MONUMENTS 2:30 Energy Break 3:00 Music with Angela 4:00 Word Games with Kristen 6:00 Movie 7:00 Frank Adams Performs --Palm Court 8:00 Energy Break	23 9:30 A Matter of Balance 10:00 Reconnections: A to Z American Historic Destinations 11:00 Sm. Music Grp w/SALLY 11:00 Music Group/Interns 1:00 Word Games/Trivia 1:15 City Tour 2:00 Art Class 3:00 Energy Break 3:15 Name Ten 3:30 Shabbat Service 4:00 Music & Imagery-Interns 6:00 Movie 8:00 Energy Break	24 9:30 A Matter of Balance 10:00 Art with RYAN 11:00 Music Group 1:00 Trivia/Word Games 2:00 Guitar with RYAN 3:00 Energy Break 3:15 National Parks 3:30 Gwynne & Wei Min Concert in Palm Court 4:30 Walking Club 6:00 Movie Night 8:00 Energy Break
25 9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art with Kristen 11:00 Women in History 1:00 Bowling 2:00 Words in a Sentence 3:00 Energy Break 3:15 Danny O'Donnell Show 3:30 CONCERT: Sally & James Duo -Palm Court 4:30 Walking Club 6:00 Movie 8:00 Energy Break	26 9:00 Pet Pals 1 st fl 9:30 Matter of Balance 10:00 Reconnections: American Artists 11:00 Word Games 1:00 National Geographic 2:00 Reconnections: Norman Rockwell 3:00 Ice Cream Social 4:00 Crossword Puzzle 6:00 Movie Classic 8:00 Energy Break	27 Hair Salon Open 9:30 A Matter of Balance 10:00 Reconnections: Andrew Wyeth 11:00 Sing 'n Swing 1:00 Reconnections: American Women in Art 2:00 Dance with Donna 3:00 Lifetime Achievement Award Celebration 3:30 Words in a Word 6:00 Music with Deb 7:00 Comedy Night 8:00 Energy Break	28 9:30 A Matter of Balance 10:00 Art Project 10:00 Manicures 11:00 Songfest 1:00 Word Games/Trivia 2:00 Baking Class 3:00 Energy Break 4:00 Choir 4:00 Manicures 6:00 Movie Classic 8:00 Energy Break	<p><i>Our Olmsted Hair Salon is located on Olmsted --2nd floor.</i></p> <p><i>Hair Stylist is here on Tuesdays</i></p>		<p><u><i>Sports Fans</i></u></p> <p><i>Olmsted's 2nd Floor Fitness Room is available to enjoy Sports broadcasts</i></p>

