

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Programs Guide</u></p> <ul style="list-style-type: none"> <li>• Lifelong Learners</li> <li>• Arts and Music</li> <li>• Life Celebration</li> <li>• Health &amp; Wellness</li> <li>• Spiritual Expression</li> <li>• Nature Focus</li> <li>• Relaxation/Fun</li> <li>• Social Engagement</li> <li>• Community Trips</li> <li>• Hobbies/Interests</li> </ul>	<p>New Year's Day 1</p> <p>9:30 A Matter of Balance 10:00 Reconnections: The History of New Year 11:00 Travel the World 1:00 Bowling Tournament 2:00 Reconnections: New Year Traditions--Around the World 3:00 Energy Break 3:30 Lip Sync Songfest 4:30 National Parks 6:00 Movie Classic 8:00 Energy Break</p>	<p>Hair Salon Open 2</p> <p>9:30 A Matter of Balance 10:00 Reconnections Program: Chinese New Year of the Brown Dog 11:00 Songfest 1:00 Reconnections: Ancient Rome -first New Year Festivities 2:00 Dance with DONNA 3:00 Energy Break 3:15 A to Z Trivia 4:00 Let's Dance! 6:00 Music with Deb 7:00 Comedy Night 8:00 Energy Break</p>	<p>9:30 Matter of Balance 10:00 Cooking with Katie: Cream Pies 11:00 Words in a Sentence 1:00 Music Program 2:00 Art Works 3:00 Energy 3:00 Mind Joggers 4:00 CHOIR with Deb 4:00 Travel the World 6:00 Movie 8:00 Energy Break</p>	<p>4</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Haitian New Year Traditions 11:00 A to Z: Actors 11:00 Chestnut Hill Mall Trip 1:00 Mind Stretchers 2:00 Reconnections: Haitian New Years' dessert -Cooking the Flan 2:45 Energy Break 3:00 Music with ANGELA 4:00 Swing Dance Class 6:00 Movie Favorites 8:00 Energy Break</p>	<p>5</p> <p>9:30 A Matter of Balance 10:00 Cooking with Katie 11:00 Music Group/Interns 1:00 National Geographic 1:30 City Tour: Brookline 2:00 Bananagrams 3:00 Energy Break 3:30 Shabbat Service 3:30 Crosswords 4:00 Music &amp; Imagery/Interns 6:00 Comedy Night 8:00 Energy Break</p>	<p>6</p> <p>9:30 A Matter of Balance 10:00 BINGO 11:00 Songfest! 1:00 Trivia/Word Games 2:00 Art Project 3:00 Energy Break 3:15 Words in a Sentence 4:00 Music Group 6:00 Classic Movie 8:00 Energy Break</p>
<p>7</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Name Ten 11:00 Music Program 1:00 Nature Symphony 2:00 Jewelry Class 3:00 Energy Break 3:30 CONCERT: Jack Glennon Guitar-- Palm Court 3:30 Travel the World 4:30 Walking Club 6:00 Movie 8:00 Energy Break</p>	<p>8</p> <p>9:30 Music with Angela 10:30 Reconnections: California History: Spanish Colonial period 11:30 Matter of Balance 1:00 Mind Stretchers 2:00 Reconnections: CA—Statehood &amp; Gold Rush 3:00 Ice Cream Social 3:15 Word Games 4:00 Music Program 6:00 Movie Classic 8:00 Energy Break</p>	<p>Hair Salon Open 9</p> <p>9:30 A Matter of Balance 10:00 Reconnections Program: Hollywood Icons 11:00 TAI CHI 1:00 Reconnections: Coastal California 2:00 Dance with AUDREY 3:00 Energy Break 3:15 A to Z Trivia 4:00 Let's Dance! 6:00 Music with Deb 7:00 Comedy Night 8:00 Energy Break</p>	<p>9:30 Bridges Intergenerational Visits- 1<sup>st</sup> fl. 9:30 Matter of Balance 10:00 Reconnections= California Cooking: Cobb Salad 11:00 Songfest 1:00 Trivia 2:00 California Wine Tasting 3:00 Mind Joggers 4:00 CHOIR with Deb 4:00 Travel the World 6:00 Movie 8:00 Energy Break</p>	<p>11</p> <p>9:30 A Matter of Balance Exercise Class 10:00 Manicures 11:00 Word Games 1:00 Music Group 2:00 Beading Class 2:30 Energy Break 3:00 Music with ANGELA 4:00 National Parks 6:00 Movie 8:00 Energy Break</p>	<p>12</p> <p>9:30 A Matter of Balance 10:00 Art with Elvis 11:00 Music Group/Interns 1:00 National Geographic 1:30 City Tour: Jamaica Plain 2:00 Let's make Fudge 3:00 Energy Break 3:30 Shabbat Service 3:30 Crosswords 4:00 Music &amp; Imagery-Interns 6:00 Movie 8:00 Energy Break</p>	<p>13</p> <p>9:30 A Matter of Balance 10:00 Art Program 11:00 Words in a Word 1:00 A to Z Trivia: Politicians 2:00 I Love America JINGO 3:15 Name Ten with Elvis 4:00 Songfest 6:00 Movie Night 8:00 Energy Break</p>
<p>14</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art with Jenny 11:00 News Currents 1:00 Laughter Club 2:00 MoMA Art Program 3:00 Energy Break 3:15 Word Games 3:30 Concert: Mike Higgins 4:30 Meditation 6:00 Classic Movie 8:00 Energy Break</p>	<p>15</p> <p>9:30 Music with Angela 10:00 Reconnections: Heroes—who are they? Qualities of a Hero 11:00 A Matter of Balance 1:00 Poetry with Katie 2:00 Reconnections: CNN Heroes 2017 3:00 Tea Party 3:30 Katie's Art Class 4:30 Words in a Sentence 6:00 Movie 8:00 Energy Break</p>	<p>16</p> <p>9:30 A Matter of Balance 10:00 Trip to the MFA 10:00 Cooking Class 11:00 Reconnections: World Leaders: are they all heroes? 1:00 Name Ten 2:00 Dance with AUDREY 3:00 Energy Break 3:30 Reconnections: Heroes in History 4:30 Travel the World 6:00 Music with Deb 7:00 Movie Night</p>	<p>17</p> <p>9:30 Bridges Intergenerational Visits- 1<sup>st</sup> fl. 9:30 A Matter of Balance 10:00 Words in a Sentence 11:00 Songfest with Katie 1:00 Mind Joggers 2:00 Baking with Katie 3:00 Energy Break 3:30 Crosswords 4:00 CHOIR with Deb 6:00 Movie Musical 8:00 Energy Break</p>	<p>18</p> <p>9:30 A Matter of Balance Exercise Class 10:00 Reconnections: Heroes Close to Home—First Responders 11:00 Danny O'Donnell Show 11:00 Luncheon Trip 1:00 Baking for Our First Responders 2:00 Delivering Baked Goods to Our First Responders 3:00 Energy Break 3:30 Words in a Sentence</p>	<p>19</p> <p>9:30 A Matter of Balance Exercise Class 10:00 Cooking with Katie 11:00 Music Group/Interns 1:00 You Be the Judge 1:00 City Tour: Newton 1:00 National Parks 2:00 Crosswords 3:00 Energy Break 3:30 Shabbat Service 4:00 Music &amp; Imagery-Interns 6:00 Movie Night</p>	<p>20</p> <p>9:30 A Matter of Balance Exercise Class 10:00 Trivia 11:00 Sing-a-long Favorites 1:00 Board Games 2:00 Art Class with Elvis 3:00 Energy Break 3:30 Mind Joggers 4:00 Travel the World 6:00 Comedy Night 7:00 Brookline Music School Concert: Palm Court</p>



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21 9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Cooking Class 11:00 Words in a Word 1:00 Mind Stretchers 2:00 Beading 3:00 Energy Break 3:30 Concert: Kevin Young Sun, Violinist --Palm Court 4:30 Walking Club 6:00 Movie 8:00 Energy Break	22 9:00 Pet Pals 1 <sup>st</sup> floor 9:30 Music with Angela 10:00 Reconnections: American Inventors 11:00 Crossword Puzzler 1:00 A Matter of Balance 2:00 Reconnections: Inventions that changed the way we live 3:00 Tea Party 3:30 Words in a Sentence 4:30 Sing-a-long with Kristen 6:00 Movie 8:00 Energy Break	23 9:30 A Matter of Balance 10:00 MFA Trip 10:00 Art with Kristen 11:00 Mind Stretchers 1:00 Reconnections: Young Inventors & their creations 2:00 Dance with Audrey 3:00 Energy Break 3:15 Reconnections: Amazing Homemade Inventions of 2017 4:00 You Be the Judge 6:00 Music with Deb 7:00 Comedy Night 8:00 Energy Break	24 9:30 Bridges Intergenerational Visits- 1 <sup>st</sup> fl. 9:30 A Matter of Balance 10:00 Kristen's Cooking Class 11:00 Name Ten 1:00 Sing-a-long 2:00 BINGO with Prizes! 3:00 Energy Break 3:15 Mind Stretchers 4:00 Olmsted Choir 6:00 Movie 8:00 Energy Break	25 9:30 Matter of Balance 10:00 Reconnections: 11:00 Museum of SCIENCE Trip 1:00 Mind Joggers 2:00 Board/Card Games 2:30 Energy Break 3:00 Music with Angela 4:00 Word Games with Kristen 6:00 Movie 7:00 Chamber Music NCEA Prep School --Palm Court 8:00 Energy Break	26 9:30 A Matter of Balance 10:00 Art: Mandalas 11:00 Music Group/Interns 1:00 Mind Joggers with Katie 1:00 City Tour: Roslindale 2:00 Jewelry Class 3:00 Energy Break 3:15 Name Ten 3:30 Shabbat Service 4:00 Music & Imagery-Interns 6:00 Movie 8:00 Energy Break	27 9:30 A Matter of Balance Exercise Class 10:00 Art 11:00 News Currents 1:00 Word Games 2:00 Jewelry Class 3:15 Mind Joggers 3:30 BU Music Group Concert in Palm Court 4:30 Yoga/Meditation 6:00 Movie Night	
28 9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Art with Jenny 11:00 Women in History 1:00 Laughter Club 2:00 MoMA Art Program 3:00 Energy Break 3:15 Word Games 3:30 CONCERT: John & Lori Wadkins-Piano & Clarinet - Palm Court 4:30 Meditation 6:00 Movie 8:00 Energy Break	29 9:00 Pet Pals 1 <sup>st</sup> fl 9:30 Music with Angela 10:00 Katie's Baking Class 11:00 Word Games 11:30 Matter of Balance 1:00 National Geographic 2:00 Jewelry Class 3:00 Ice Cream Social 4:00 Crossword Puzzle 6:00 Movie Classic 8:00 Energy Break	30 Hair Salon Open 9:30 A Matter of Balance 10:00 Reconnections: Pets in Our Lives 11:00 Sing 'n Swing 1:00 Reconnections: History of Pet Ownership 2:00 Dance with AUDREY 3:00 Lifetime Achievement Award Celebration 3:30 Words in a Word 6:00 Music with Deb 7:00 Comedy Night 8:00 Energy Break	31 Grab Your Passport: Haiti! 9:30 Intergenerational Visits 9:30 A Matter of Balance 10:00 Art Project 11:00 The Music of Haiti Noon: Haitian Food Fest 1:00 Word Games/Trivia 2:00 Short Stories 3:00 Energy Break 4:00 Choir 7:00 Charlot Lucien- Haitian Arts & Culture 8:00 Energy Break	<p><i>Our Olmsted Hair Salon is located on Olmsted --2<sup>nd</sup> floor.</i></p> <p><i>Hair Stylist is here on Tuesdays</i></p>		<p><u><i>Sports Fans</i></u></p> <p><i>Olmsted's 2nd Floor Fitness Room is available to enjoy Sports broadcasts</i></p>	<p><u><i>Social Dining Hours</i></u></p> <p><i>Breakfast: 7:30-9:00</i></p> <p><i>Lunch: 12:00-1:00</i></p> <p><i>Dinner: 5:00-6:00</i></p>

