

# AUGUST 2017

## Goddard House Traditional Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Social Settings Outings Physical Fitness Brain Boosters Creative Energy</p> </div>	<p>1</p> <p>MANICURIST IS IN TODAY</p> <p>9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Travel the World 1:00 Bridge Club 2:00 Communion 2:00 Resident Food Service Meeting 3:00 Tap Class 4:00 Memoir Writing 4:00 Book Club: Audio Session 7:00 Evening Film</p>	<p>2</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Weight Training 11:00 Lunch Trip to Castle Island 2:00 Poetry 3:00 Music Appreciation 3:00 Garden to Gourmet 4:00 Happy Hour 5:00 Dinner Music with Deb 7:00 Evening TV Series: M.A.S.H.</p>	<p>3</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Ball Class 11:00 Matter of Balance 12:00 Personal Training: Forever Fit 12:00-2:00 Bank Visit 12:00 Alzheimer's Walk Kickoff 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Crossword Puzzle 4:00 Balloon Volleyball 6:00 Microbrews with Lance 7:00 Evening Film</p>	<p>4</p> <p>BEAUTY SALON IS OPEN</p> <p>9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 2:00 BINGO 3:00 Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>5</p> <p>SUPER SCOOP SATURDAY</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Balance 11:00 Personal Training: Forever Fit 11:00 Creative Crafting Hour 1:00 Visit from Pet Pals 2:30 Book Club Discussion 3:30 National Geographic 7:00 Evening Film</p>
<p>6</p> <p>9:30 Church Trips 10:00 Pilates with Sergio 10:00 Communion 11:00 Great Courses 2:00 Opera 3:30 Concert with Peter Weslowski 7:00 Evening Film</p>	<p>7</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Resistance Bands 10:00 Fresh Focus 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training: Forever Fit 2:00 International News with Herb 3:00 Tai Chi 4:00 Jewelry and Design 7:00 Evening Film</p>	<p>8</p> <p>9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Travel the World 1:00 Bridge Club 2:00 Communion 2:00 Focus Group 3:00 Crafting with Cindy Scheff 3:00 Tap Class 4:00 Memoir Writing 4:00 Book Club: Audio Session 7:00 Evening Film</p>	<p>9</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Weight Training 11:00 Trip to the Arboretum 1:30 Computer Class 2:00 Music from Around the World 3:00 Legends 3:00 Garden to Gourmet 4:00 Happy Hour 5:00 Dinner Music with Deb 7:00 Evening TV Series: M.A.S.H.</p>	<p>10</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Ball Class 10:00 Brookline Hearing Services 11:00 Matter of Balance 12:00 Personal Training: Forever Fit 12:00-2:00 Bank Visit 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Crossword Puzzle 4:00 Balloon Volleyball 6:00 "Cookin' Up Jazz" Concert Series: Hot Club of New England</p>	<p>11</p> <p>BEAUTY SALON IS OPEN</p> <p>9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 2:00 BINGO 3:00 Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>12</p> <p>SUPER SCOOP SATURDAY</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Balance 11:00 Personal Training: Forever Fit 11:00 Creative Crafting Hour 1:00 Visit from Pet Pals 2:30 Book Club Discussion 3:30 Jeopardy 7:00 Evening Film</p>
<p>13</p> <p>9:30 Church Trips 10:00 Pilates with Sergio 10:00 Communion 11:00 Great Courses 2:00 Opera 3:30 Concert with Erik Gustafson 7:00 Evening Film</p>	<p>14</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Resistance Bands 10:00 Fresh Focus 10:30 Green City Growers 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training: Forever Fit 2:00 Educational Seminar with Marie 3:00 Tai Chi 4:00 Mindful Aging Information Session 7:00 Evening Film</p>	<p>15</p> <p>MANICURIST IS IN TODAY</p> <p>9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Guest Lecturer: Tara Taft 1:00 Bridge Club 2:00 Communion 3:00 Tap Class 4:00 Memoir Writing 4:00 Book Club: Audio Session 7:00 Evening Film</p>	<p>16</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Weight Training 11:00 Trip to Marcelle's Garden 1:30 Computer Class 1:30 Blood Pressure Clinic 2:00 Poetry 3:00 Music Appreciation 3:00 Garden to Gourmet 4:00 Happy Hour 5:00 Dinner Music with Deb 7:00 Evening TV Series: M.A.S.H.</p>	<p>17</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Ball Class 11:00 Matter of Balance 12:00 Personal Training: Forever Fit 12:00-2:00 Bank Visit 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Crossword Puzzle 3:30 Mindful Aging 4:00 Balloon Volleyball 6:00 "Cookin' Up Jazz" Concert Series: Cassandra McKinley</p>	<p>18</p> <p>BEAUTY SALON IS OPEN</p> <p>8:00 Coffee with Lance 9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 2:00 BINGO 3:00 Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>19</p> <p>SUPER SCOOP SATURDAY</p> <p>9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Balance 11:00 Personal Training: Forever Fit 11:00 Creative Crafting Hour 1:00 Visit from Pet Pals 2:30 Book Club Discussion 3:30 Bruce Hambro 7:00 Evening Film</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 9:30 Church Trips 10:00 Pilates with Sergio 10:00 Communion 11:00 Great Courses 2:00 Opera 3:30 Concert with Matt McCabe 7:00 Evening Film	21 9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Resistance Bands 10:00 Fresh Focus 10:30 Green City Growers 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training: Forever Fit 2:00 National Geographic 3:00 Tai Chi 4:00 Jewelry and Design 7:00 Concert with Adam Bergeron	22 9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Travel the World 1:00 Bridge Club 2:00 Communion 3:00 Tap Class 4:00 Jewelry and Design 4:00 Memoir Writing 4:00 Book Club: Audio Session 7:00 Evening Film	23 9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Weight Training 11:00 Larz Anderson Auto Museum 1:30 Computer Class 2:00 Music from Around the World 3:00 Legends 3:00 Garden to Gourmet 4:00 Heirloom Tomato Tasting 5:00 Dinner Music with Deb 7:00 Evening TV Series: M.A.S.H.	24 9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Ball Class 11:00 Matter of Balance 12:00 Personal Training: Forever Fit 12:00-2:00 Bank Visit 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Crossword Puzzle 3:30 Mindful Aging 4:00 Happy Hour 6:00 "Cookin' Up Jazz" Concert Series: Claudia Eliaza	25 BEAUTY SALON IS OPEN 9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 2:00 BINGO 3:00 Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday	26 SUPER SCOOP SATURDAY 9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Balance 11:00 Personal Training: Forever Fit 11:00 Creative Crafting Hour 1:00 Visit from Pet Pals 2:30 Book Club Discussion 3:30 Jeopardy 7:00 Evening Film
27 9:30 Church Trips 10:00 Pilates with Sergio 10:00 Communion 11:00 Great Courses 2:00 Opera 3:30 Concert with Archie Bern 7:00 Evening Film	28 9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Resistance Bands 10:00 Fresh Focus 10:30 Green City Growers 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training: Forever Fit 2:00 National Geographic 3:00 Tai Chi 4:00 Jewelry and Design 7:00 Evening Film	29 MANICURIST IS IN TODAY 9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Travel the World 1:00 Bridge Club 2:00 Communion 2:00 Resident Forum 3:00 Tap Class 4:00 Memoir Writing 4:00 Book Club: Audio Session 7:00 Evening Film	30 9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Weight Training 11:00 Matter of Balance 12:00 Trip to Butterfly Place 1:30 Computer Class 2:00 Poetry 3:00 Music Appreciation 3:00 Garden to Gourmet 4:00 Happy Hour 5:00 Dinner Music with Deb 7:00 Evening TV Series: M.A.S.H.	31 9:00 Front Page News 9:00 Personal Training: Forever Fit 10:00 Forever Fit: Ball Class 11:00 Science! 12:00 Personal Training: Forever Fit 12:00-2:00 Bank Visit 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Crossword Puzzle 3:30 Mindful Aging 4:00 Balloon Volleyball 6:00 "Cookin' Up Jazz" Concert Series: The Winikers		
	Gallery M Featured Artist Jodie Sinclair					
	<div style="border: 1px solid black; padding: 5px; text-align: center;">                         Social Settings                          Outings                          Physical Fitness                          Brain Boosters                          Creative Energy                     </div>					
					*Subject to Change ** Additional details can be found on Weekly Program Calendar	