

Goddard House Assisted Living

December 2017

Programs 1st Floor Olmsted Place

Programs Guide

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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| <p>New Year's Eve 31</p> <p>9:30 Matter of Balance 10:00 Broadcast Mass 10:00 Crafting Holiday Party Hats 11:00 New Year's Resolutions 1:00 Lawrence Welk 2:00 Baking: Party Snacks 3:00 Energy Break 3:30 New Year's Eve Concert: Matt McCabe 4:30 A to Z: Party Cocktails 6:00 Movie Night 8:00 Holiday Party: A Toast to New Year!</p> | <p><u>Programs Guide</u></p> <ul style="list-style-type: none"> Lifelong Learners Arts and Music Life Celebration Health & Wellness/Fitness Spiritual Expression Nature Focus Relaxation/Just for fun! Social Engagement Community Trips Special Interests/Hobbies | <p><u>December Birthdays</u></p> <p>Valerie G. 1st</p> <p><u>Social Dining Hours</u> Breakfast: 7:30 - 9:00am Lunch: 12:00 - 1:00pm Dinner 5:00 - 6:00pm</p> | <p><u>Olmsted Holiday Party!</u></p> <p>Thursday December 7th</p> <p>5:30pm Buffet Dinner Main Dining Room</p> <p>7:00pm Dance to the Music of the Winiker Jazz Band in our Palm Court</p> | <p><u>Sports Fans</u></p> <p>Cheer on your favorite college and/or professional sports teams. Cable sports broadcasts available in Olmsted Place 2nd fl Fitness Room.</p> | <p>Happy Birthday Valerie! 1</p> <p>9:30 A Matter of Balance 10:00 Manicures 11:00 Crossword Puzzles 1:00 Music Exploration 2:00 Mind Stretchers 3:00 Valerie's Party! 3:30 Shabbat Service 3:30 Tai Chi 4:00 Swing Band Dancing 6:00 Comedy Classics: Golden Girls 8:00 Energy Break</p> | <p>2</p> <p>9:30 A Matter of Balance 10:00 Baking: Cookies 11:00 Name 10 1:00 Short Stories 2:00 Jewelry Class: Beading 3:00 Energy Break 3:30 CONCERT: Classical singer/pianist, Dieter Weslowski 3:30 Travel the World: Ireland 6:00 MAME! 8:00 Energy Break</p> |
| <p>3</p> <p>9:00 Nature Program: 10:00 Broadcast Mass 10:30 A Matter of Balance 11:15 You Be the Judge 1:00 BINGO 2:00 Art Class 3:00 Energy Break 3:30 Concert: Richie Bern 4:30 Walking Club 6:00 Movie Classic 8:00 Energy Break</p> | <p>4</p> <p>9:00 Pet Pals (J&M) Visit 9:30 A Matter of Balance 10:00 Reconnect: Pearl Harbor 2nd fl 10:00 Crosswords 11:00 Music with ANGELA 1:00 Bowling Tournament 2:00 Reconnections: Pearl Harbor - Aftermath -2nd fl 2:00 Music Program 3:30 Holiday Decorating 6:00 Movie: From Here to Eternity 8:00 Energy Break</p> | <p>5</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 Reconnections: FDR 2nd 10:00 A to Z Trivia 11:00 Patriotic Songfest 1:00 Reconnections: Hawaii 2nd 2:00 Dance with Donna 3:00 Energy Break 4:00 Holiday Decorating 4:00 WW II -Music with Deb 6:00 Movie: Hyde Park on the Hudson 8:00 Energy Break</p> | <p>7</p> <p>9:30 Building Bridges: Intergenerational Visit 10:00 Reconnections: Hawaiian Luau Preparations 2nd fl 11:00 Hawaiian Music with Kristen NOON: LUAU! 1:30 A Matter of Balance 2:00 Art Program 3:30 Trivia 4:00 Travel the World: Hawaii 6:00 Movie: Elvis's Blue Hawaii 7:00 BERKLEE Music Concert 8:00 Energy Break</p> | <p>9:30 A Matter of Balance 10:00 Manicures 11:00 Travel the World: Scotland 1:30 Music with Angela S. 2:30 Holiday Trivia 3:00 Energy Break 3:30 Party Preparations 5:30 Holiday Party: Dinner and Dancing to Jazz Band: the Winikers</p> | <p>8</p> <p>9:30 A Matter of Balance 10:00 Holiday Trivia 11:00 Holiday Sing-a-long 1:00 Holiday Decorating 2:00 Cooking: Fudge Parfaits 3:00 Energy Break 3:30 Shabbat Service 3:30 Nature's Symphony 4:00 Words in a Sentence 6:00 Movie/Musical or Comedy Classic 8:00 Energy Break</p> | <p>9</p> <p>9:30 A Matter of Balance 10:00 Art: Holiday Cards 11:00 You Be the Judge! 1:00 Music Appreciation 2:00 Cooking: Holiday Parfaits 3:15 BINGO 4:00 Andre Rieu Holiday Concert 6:00 Movie 7:00 CONCERT: Mark Tavener 8:00 Energy Break</p> |
| <p>10</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 BINGO 11:00 Music Exploration 1:00 Art Class 2:00 Trivia 3:00 Energy Break 3:30 Concert: Stillhouse Down Bluegrass Grp 4:30 Walking Club 6:00 Movie/ Comedy 8:00 Energy Break</p> | <p>11</p> <p>9:00 Pet Pals (J&M) Visit 9:30 A Matter of Balance Exercise Class 10:00 Reconnections: New England Winter Destinations 2nd fl 11:00 Music with Angela S. 1:00 Board Games 2:00 Maine in Winter - 2nd fl 3:00 Moose Tracks Ice Cream Social 4:00 Crossword Puzzle 6:00 Movie/Musical/Comedy Classic 8:00 Energy Break</p> | <p>12</p> <p>Hanukkah begins</p> <p>9:30 A Matter of Balance 10:00 Reconnections: Skiing & Ski Resorts of New England 2nd 11:00 The Story of Hanukkah 1:00 You be the Judge! 2:00 Dance Class with Audrey 3:00 Reconnections-- Apres` Skiing: Cider & Doughnuts 4:00 Music with Deb 4:30 Three Blessings & Lighting the Menorah—LIBRARY 5:00 Lighting the Menorah- OP 6:00 Fiddler on the Roof 8:00 Energy Break</p> | <p>13</p> <p>2nd night of Hanukkah</p> <p>9:30 A Matter of Balance 10:00 Holiday Baking 11:00 Mind Stretchers 1:00 Music Program 1:30 City Tour: Brookline 2:00 BINGO 3:30 The Meaning of the Menorah 4:00 Choir 4:00 Holiday Songfest 4:30 Lighting the Menorah 6:00 Movie: Hello Dolly 8:00 Energy Break</p> | <p>14</p> <p>3rd night of Hanukkah</p> <p>9:30 A Matter of Balance 10:00 Art Class 10:00 Reconnections: Enchanted ICE trip--Avon 11:00 Trivia: Mind Joggers 1:00 Music Program 2:00 Cooking Class: LATKES 3:30 Dreidel Game 4:00 Reconnections: Vermont Historic Villages: Weston & Chester -2nd fl 4:30 Lighting the Menorah 6:00 Movie: Yentyl 8:00 Energy Break</p> | <p>15</p> <p>4th night of Hanukkah</p> <p>9:30 A Matter of Balance 10:00 Holiday Trivia 11:00 Sing-a-long 1:00 Baking: Banana Bread 2:00 Card Games 3:00 Energy Break 3:30 Shabbat Service 3:30 A to Z: Hanukkah Trivia 4:00 Bowling Tournament 4:30 Lighting the Menorah 6:00 Movie/Musical/Comedy Classic 8:00 Energy Break</p> | <p>16</p> <p>5th night of Hanukkah</p> <p>9:30 A Matter of Balance 10:00 Art Class 11:00 Exploring Our National Parks 1:00 Jewelry Class 2:00 Cooking: Fudge 3:00 Energy Break 3:30 You Be the Judge 4:00 Trivia 4:30 Lighting the Menorah 6:00 Movie 7:00 Brookline Music School 8:00 Energy Break</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>6th night of Hanukkah 17</p> <p>9:30 A Matter of Balance 10:00 Broadcast Mass 10:00 Mind Stretchers 11:00 Sing-a-long 1:00 Art Class 2:00 Manicures 3:00 Energy Break 3:30 Concert: ERIKA GUSTAFSON 4:30 Walking Club 4:30 Lighting the Menorah 6:00 Movie Classic 8:00 Energy Break</p> | <p>7th night of Hanukkah 18</p> <p>9:00 Pet Pals (J&M) Visit 9:30 A Matter of Balance 10:00 Reconnect Big Band Era 10:00 Swing Band Dancing 11:00 Music with Angela 1:00 Big Band Leaders 2:00 Jewelry Class 3:00 Tea Party 4:00 Holiday Trivia 4:30 Lighting the Menorah 6:00 Movie Classic 7:00 Concert: Adam Bergeron 8:00 Energy Break</p> | <p>8th night of Hanukkah 19</p> <p>Hair Salon Open</p> <p>9:30 A Matter of Balance 10:00 MFA Trip 10:00 BINGO 11:00 Klezmer Band Music 1:00 Mind Stretchers 2:00 Dance with Donna 3:00 Energy Break 3:30 Card Games: Black Jack! 4:00 Music with Deb 4:30 Lighting the Menorah 6:00 Movie Classic 7:00 Holiday Lights Trip 8:00 Energy Break</p> | <p>Hanukkah ends 20</p> <p>9:30 Matter of Balance Exercise 10:00 Holiday Cards 11:00 Reconnections Program: Swing dance lessons—Jitterbug, Lindy, Jive & the Hop! -2nd fl 1:30 City Tour: Women of JP 2:00 Reconnections: the BEST swing dance songs – 2nd fl 3:15 Manicures/Massages 4:00 Olmsted Choir CONCERT: Palm Court 6:00 Movie Classic 8:00 Energy Break</p> | <p>21</p> <p>9:30 A Matter of Balance Exercise 10:00 Holiday 11:00 Best Big Band Movies 2nd fl 1:30 Music with Angela 2:30 Jitterbug Contest! 2nd fl 3:15 Energy Break 3:30 Mind Joggers 4:30 Walking Club 6:00 Music Andre Rieu 7:00 Joe Weinberg CONCERT 8:00 Energy Break</p> | <p>22</p> <p>9:30 A Matter of Balance 10:00 Mind Stretchers 11:00 Nature Exploration 1:00 Music Exploration 2:00 Baking: Holiday treats 3:00 Energy Break 3:30 Shabbat Service 3:30 Hymn Singing 4:00 Trivia 6:00 Miracle on 34th Street 8:00 Energy Break</p> | <p>23</p> <p>9:30 A Matter of Balance Exercise Class 10:00 Board/Card Games 11:00 Trivia: What's Next? 1:00 Art Program 2:00 Jewelry Class: Beading 3:00 Energy Break 3:30 A to Z Trivia 4:30 Walking Club 6:00 It's a Wonderful Life 8:00 Energy Break</p> |
| <p>24</p> <p>9:30 A Matter of Balance 10:00 Manicures 10:00 Broadcast Mass 11:00 Holiday Songfest 1:00 Christmas Trivia 2:00 Art Class 2:30 Piano and Soprano CONCERT 4:30 Walking Club 6:00 Musical: Radio City Rockettes Christmas Spectacular! 8:00 Energy Break</p> | <p>Christmas Day 25</p> <p>9:30 A Matter of Balance 10:00 Holiday Trivia 11:00 Music Program Noon: Christmas Dinner 1:00 Art Class 2:00 Holiday Concert: Rieu 8:00 Energy Break 3:30 Songs of Faith 4:30 Walking Club 6:00 White Christmas 8:00 Energy Break</p> | <p>26</p> <p>9:30 A Matter of Balance 10:00 New Year Celebrations Around the World 11:00 Music & Movement 1:00 What's Next Trivia 2:00 Dance with Audrey 3:00 New Year's Costumes Around the Globe 2nd fl 3:00 Energy Break 3:15 Bananagrams 4:00 Music with Deb 6:00 Movie/Comedy Classic 8:00 Energy Break</p> | <p>27</p> <p>9:30 A Matter of Balance Exercise 10:00 Art Project 11:00 Planning a New Years' Eve Party 2nd fl. 1:00 Memory Café Trip 2:00 Baking Class 3:00 Energy Break 3:30 Reconnections: New Year's Resolutions 4:00 Choir 6:00 Movie/Musical/Comedy Classic 8:00 Energy Break</p> | <p>28</p> <p>9:30 A Matter of Balance Exercise Class 10:00 Board Games 10:30 Luncheon Trip 11:00 You Be the Judge 1:00 Balloon Volleyball 1:30 Music: Angela S. 2:45 Lifetime Achievement 3:30 Bowling Tournament 6:00 Movie/Musical/Comedy Classic 8:00 Energy Break</p> | <p>29</p> <p>9:30 A Matter of Balance 10:00 Manicures 11:00 Crossword Puzzles 1:00 Music Exploration 2:00 Mind Stretchers 3:00 Energy Break 3:30 Shabbat Service 3:30 Tai Chi 4:00 Swing Band Dancing 6:00 Comedy Classics: Golden Girls 8:00 Energy Break</p> | <p>30</p> <p>9:30 A Matter of Balance Exercise Class 10:00 Art Project 11:00 Mind Stretchers 1:00 Music Appreciation 2:00 Baking: Cookies 3:15 BINGO 4:00 Danny O'Donnell Branson Show 6:00 Movie Classics 8:00 Energy Break</p> |