

Goddard House Assisted Living

May 2017 1st Floor Olmsted Place (Neighborhoods 1 & 2)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



7:30 Social Dining
 9:00 Music with LeeAnn
 9:00 Pet Pals (J&M)
 9:30 Current Events
 10:00 Yoga
 10:00 Art with Jen
 11:00 Music: Angela S.
 1:00 Forever Fit Class
 2:00 Journaling
 2:00 Poetry
 2:30 Forever Fit 1:1
 3:00 Energy Break
 3:30 Discussion Group
 4:00 Crossword Puzzle
 6:00 Iconic Photos
 7:00 Energy Break/Movie

Hair Salon Open
 7:30 Social Dining
 9:00 Forever Fit 1:1
 9:30 Current Events
 10:00 Forever Fit Class
 10:00 Green City Growers
 11:00 History Presentation
 1:00 Getting to Know You
 2:00 Dance with Donna
 3:00 Tea Party
 3:30 Discussion Group
 4:00 Knitting
 4:00 Music with Deb
 6:00 Trivia
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Morning Exercise
 11:00 Music with Kristina
 11:00 Forever Fit 1:1
 1:00 Poetry
 1:00 City Tour
 2:00 Physical Challenge
 3:00 Energy Break
 3:30 Discussion Group
 4:00 Jewelry Making
 4:00 Choir
 6:00 Meet me at MOMA
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Art Exploration
 10:00 Music with LeeAnn
 11:00 Forever Fit
 11:00 Educational Trip
 1:00 Discussion Group
 1:30 Music: Angela S.
 2:30 Energy Break
 3:00 Brain Games
 4:00 Meet the Musician
 6:00 Short Stories
 7:00 Energy Break/Movie

7:30 Social Dining
 9:00 Forever Fit 1:1
 9:30 Building Bridges
 10:00 Stretch & Move
 11:00 Forever Fit Class
 1:00 Music Exploration 1
 1:00 Music Exploration 2
 2:00 Today in History
 3:00 Energy Break
 3:30 Shabbat Service
 3:30 Discussion Group
 4:00 Physical Challenge
 6:00 Poetry
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Physical Challenge
 11:00 Brain Games
 1:00 Art History Presentation
 2:00 Group Art Project
 3:00 Energy Break
 3:30 Concert with BYC
 4:30 Concentration
 6:00 Comedy Hour
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Morning Exercise
 10:00 Broadcast Mass
 11:00 Word Games
 1:00 Physical Challenge
 2:00 Word Games
 3:00 Energy Break
 3:30 Concert: Maya P.
 4:30 Stretch & Move
 6:00 Comedy Hour
 7:00 Energy Break/Movie

7:30 Social Dining
 9:00 Music with LeeAnn
 9:00 Pet Pals (J&M)
 9:30 Current Events
 10:00 Yoga
 10:00 Art with Jen
 11:00 Music: Angela S.
 1:00 Forever Fit Class
 2:00 Journaling
 2:00 Poetry
 2:30 Forever Fit 1:1
 3:00 Ice Cream Social
 3:30 Discussion Group
 4:00 Crossword Puzzle
 6:00 Iconic Photos
 7:00 Energy Break/Movie

Hair Salon Open
 7:30 Social Dining
 9:00 Forever Fit 1:1
 9:30 Current Events
 10:00 Forever Fit Class
 10:00 Green City Growers
 11:00 History Presentation
 1:00 Getting to Know You
 2:00 Dance with Audrey
 3:00 Energy Break
 3:30 Discussion Group
 4:00 Knitting
 4:00 Music with Deb
 6:00 Trivia
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Morning Exercise
 11:00 Music with Kristina
 11:00 Forever Fit 1:1
 1:00 Poetry
 1:00 Manicures
 2:00 Short Stories
 3:00 Energy Break
 3:30 Discussion Group
 4:00 Jewelry Making
 4:00 Choir
 6:00 Meet me at MOMA
 7:00 Concert: ETT

7:30 Social Dining
 9:30 Current Events
 10:00 Art Exploration
 10:00 Music with LeeAnn
 11:00 Forever Fit
 11:00 Lunch Trip
 1:00 Discussion Group
 1:30 Music: Angela S.
 2:30 Energy Break
 3:00 Brain Games
 4:00 Meet the Musician
 6:00 Short Stories
 7:00 Energy Break/Movie

7:30 Social Dining
 9:00 Forever Fit 1:1
 9:30 Building Bridges
 10:00 Stretch & Move
 11:00 Forever Fit Class
 1:00 Music Exploration 1
 1:00 Music Exploration 2
 2:00 Today in History
 3:00 Energy Break
 3:30 Shabbat Service
 3:30 Discussion Group
 4:00 Physical Challenge
 6:00 Poetry
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Physical Challenge
 11:00 Brain Games
 1:00 Art History Presentation
 2:00 Group Art Project
 3:00 Energy Break
 3:30 Discussion Group
 4:00 Concentration
 6:00 Comedy Hour
 7:00 Energy Break/Movie

Mother's Day
 7:30 Social Dining
 9:30 Current Events
 10:00 Morning Exercise
 10:00 Broadcast Mass
 11:00 Word Games
 1:00 Physical Challenge
 2:00 Word Games
 3:00 Energy Break
 3:30 Concert: NEC
 4:30 Stretch & Move
 6:00 Comedy Hour
 7:00 Energy Break/Movie

7:30 Social Dining
 9:00 Music with LeeAnn
 9:00 Pet Pals (J&M)
 9:30 Current Events
 10:00 Yoga
 10:00 Art with Jen
 11:00 Music: Angela S.
 1:00 Forever Fit Class
 2:00 Journaling
 2:00 Poetry
 2:30 Forever Fit 1:1
 3:00 Energy Break
 3:30 Discussion Group
 4:00 Crossword Puzzle
 6:00 Iconic Photos
 7:00 Energy Break/Movie

Hair Salon Open
 7:30 Social Dining
 9:00 Forever Fit 1:1
 9:30 Current Events
 10:00 Forever Fit Class
 10:00 Green City Growers
 10:00 MFA Trip
 11:00 History Presentation
 1:00 Getting to Know You
 2:00 Dance with Donna
 3:00 Tea Party
 3:30 Discussion Group
 4:00 Knitting
 4:00 Music with Deb
 6:00 Trivia
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Morning Exercise
 11:00 Music with Kristina
 11:00 Forever Fit 1:1
 1:00 Poetry
 1:00 City Tour
 2:00 Physical Challenge
 3:00 Energy Break
 3:30 Discussion Group
 4:00 Jewelry Making
 4:00 Choir
 6:00 Meet me at MOMA
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Art Exploration
 10:00 Music with LeeAnn
 11:00 Forever Fit
 11:00 Educational Trip
 1:00 Discussion Group
 1:30 Music: Angela S.
 2:30 Energy Break
 3:00 Brain Games
 4:00 Meet the Musician
 6:00 Short Stories
 7:00 Energy Break/Movie

7:30 Social Dining
 9:00 Forever Fit 1:1
 9:30 Building Bridges
 10:00 Stretch & Move
 11:00 Forever Fit Class
 1:00 Music Exploration
 2:00 Today in History
 3:00 Energy Break
 3:30 Shabbat Service
 3:30 Discussion Group
 4:00 Physical Challenge
 6:00 Poetry
 7:00 Energy Break/Movie

7:30 Social Dining
 9:30 Current Events
 10:00 Physical Challenge
 11:00 Brain Games
 1:00 Art History Presentation
 2:00 Group Art Project
 3:00 Energy Break
 3:30 Discussion Group
 4:00 Concentration
 6:00 Comedy Hour
 7:00 Concert: BMS
 8:00 Energy Break/Movie

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 7:30 Social Dining 9:30 Current Events 10:00 Morning Exercise 10:00 Broadcast Mass 11:00 Word Games 1:00 Physical Challenge 2:00 Word Games 3:00 Energy Break 3:30 Concert: Larry L. 4:30 Stretch & Move 6:00 Comedy Hour 7:00 Energy Break/Movie	22 7:30 Social Dining 9:00 Music with LeeAnn 9:00 Pet Pals (J&M) 9:30 Current Events 10:00 Yoga 11:00 Music: Angela S. 1:00 Forever Fit Class 2:00 Journaling 2:00 Poetry 2:30 Forever Fit 1:1 3:00 Ice Cream Social 3:30 Discussion Group 4:00 Crossword Puzzle 6:00 Iconic Photos 7:00 Energy Break/Movie	23 Hair Salon Open 7:30 Social Dining 9:00 Forever Fit 1:1 9:30 Current Events 10:00 Forever Fit Class 10:00 Green City Growers 11:00 History Presentation 1:00 Getting to Know You 2:00 Dance with Audrey 3:00 Energy Break 3:30 Discussion Group 4:00 Knitting 4:00 Music with Deb 6:00 Trivia 7:00 Energy Break/Movie	24 7:30 Social Dining 9:30 Current Events 10:00 Morning Exercise 11:00 Music Exploration 11:00 Forever Fit 1:1 1:00 Poetry 1:00 Manicures 2:00 Short Stories 3:00 Energy Break 3:30 Discussion Group 4:00 Jewelry Making 4:00 Choir 6:00 Meet me at MOMA 7:00 Energy Break/Movie	25 7:30 Social Dining 9:30 Current Events 10:00 Art Exploration 10:00 Music with LeeAnn 11:00 Forever Fit 11:00 Educational Trip 1:00 Discussion Group 1:30 Music: Angela S. 2:30 Energy Break 3:00 Brain Games 4:00 Meet the Musician 6:00 Short Stories 7:00 Concert: Howie N.	26 7:30 Social Dining 9:00 Forever Fit 1:1 9:30 Building Bridges 10:00 Stretch & Move 11:00 Forever Fit Class 1:00 Music Exploration 2:00 Today in History 3:00 Energy Break 3:30 Shabbat Service 3:30 Discussion Group 4:00 Physical Challenge 6:00 Poetry 7:00 Energy Break/Movie	27 7:30 Social Dining 9:30 Current Events 10:00 Physical Challenge 11:00 Brain Games 1:00 Art History Presentation 2:00 Group Art Project 3:00 Energy Break 3:30 Discussion Group 4:00 Concentration 6:00 Comedy Hour 7:00 Energy Break/Movie
28 7:30 Social Dining 9:30 Current Events 10:00 Morning Exercise 10:00 Broadcast Mass 11:00 Word Games 1:00 Physical Challenge 2:00 Word Games 3:00 Energy Break 3:30 Concert: John W. 4:30 Stretch & Move 6:00 Comedy Hour 7:00 Energy Break/Movie	29 Memorial Day 7:30 Social Dining 9:00 Music with LeeAnn 9:00 Pet Pals (J&M) 9:30 Current Events 10:00 Yoga 10:00 Art with Jen 11:00 Music: Angela S. 1:00 Forever Fit Class 2:00 Journaling 2:30 Forever Fit 1:1 3:00 Energy Break 3:30 Discussion Group 4:00 Crossword Puzzle 6:00 Iconic Photos 7:00 Energy Break/Movie	30 Hair Salon Open 7:30 Social Dining 9:00 Forever Fit 1:1 9:30 Current Events 10:00 Forever Fit Class 10:00 Green City Growers 11:00 History Presentation 1:00 Getting to Know You 2:00 Dance with Donna 3:00 Tea Party 3:30 Discussion Group 4:00 Knitting 4:00 Music with Deb 6:00 Trivia 7:00 Energy Break/Movie	31 7:30 Social Dining 9:30 Current Events 10:00 Morning Exercise 11:00 Music Exploration 11:00 Forever Fit 1:1 1:00 Poetry 1:00 City Tour 2:00 Physical Challenge 3:00 Energy Break 3:30 Discussion Group 4:00 Jewelry Making 4:00 Choir 6:00 Meet me at MOMA 7:00 Energy Break/Movie			Program Guide Music Physical Activity Educational Program Self-Expression Social Occasions Cognitive Challenge Trips Spirituality Breakfast: 7:30-9:00 Lunch: 12:00-1:00 Dinner: 5:00-6:00



