

NOVEMBER 2017

Goddard House Traditional Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 10:00 Indoor Walking Club 11:00 Trip to Forest Hills Cemetery 1:00 Computer Class 3:00 Garden to Gourmet 4:00 Happy Hour 7:00 Evening TV Series: This Is Us</p>	<p>2</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 11:00 Matter of Balance 12:00 Personal Training 12:00 Indoor Walking Club 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Balloon Volleyball 3:30 Mindful Aging 4:00 Crossword Puzzle 6:00 Microbrews with the Manager 7:00 Concert: Alan and Linda</p>	<p>3</p> <p>BEAUTY SALON IS OPEN 9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 11:00 HART 2:00 BINGO 3:15 Outdoor Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>4</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Balance Class 10:00 Computer Class 10:30 Hello: The Dialogue Starts Here with Ron Hoffman 11:00 Personal Training 11:00 Jeopardy 12:00 Alterations with Dora 12:00 Indoor Walking Club 1:00 Visit from Pet Pals 1:30 Creative Crafting Hour 2:30 Book Club 7:00 Evening Film</p>
<p>5</p> <p>9:30 Church Trips 10:00 Communion 10:00 Pilates with Sergio 11:00 Opera 2:30 Documentary Spotlight 3:30 Concert: Kevin Sherwin 7:00 Evening Film</p>	<p>6</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training 2:00 Knitting Club 3:00 Tai Chi To Go 4:00 Jewelry and Design 7:00 Evening Film</p>	<p>7</p> <p>MANICURIST IS IN TODAY 9:00 Front Page News 10:00 Matter of Balance 11:00 Travel the World 12:00 Indoor Walking Club 1:00 Bridge Club 2:00 Communion 2:00 Resident Food Service Meeting 3:00 Tap Class 4:00 Memoir Writing 7:00 Evening Film</p>	<p>8</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 10:00 Indoor Walking Club 11:00 Trip to Chestnut Hill Mall 1:00 Computer Class 1:30 Crafting with Cindy Scheff 2:00 Soundtrack of Our Lives 3:00 Garden to Gourmet 4:00 Happy Hour 7:00 Evening TV Series: This Is Us</p>	<p>9</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 11:00 Matter of Balance 12:00 Personal Training 12:00 Indoor Walking Club 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Balloon Volleyball 3:30 Mindful Aging 4:00 Boggle 7:00 Evening Film</p>	<p>10</p> <p>BEAUTY SALON IS OPEN 9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 11:00 HART 2:00 BINGO 3:15 Outdoor Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>11</p> <p>VETERANS DAY 9:00 Front Page News 9:00 Personal Training 10:00 Balance Class 10:00 Computer Class 11:00 Personal Training 11:00 Jeopardy 12:00 Alterations with Dora 12:00 Indoor Walking Club 1:00 Visit from Pet Pals 1:30 Creative Crafting Hour 2:30 Book Club 7:00 Evening Film</p>
<p>12</p> <p>9:30 Church Trips 10:00 Communion 10:00 Pilates with Sergio 11:00 Opera 2:30 Documentary Spotlight 3:30 Concert: Patrice Monahan Jazz Trio 7:00 Evening Film 8:30 Patriots Game!</p>	<p>13</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training 2:00 Resident Focus Group 3:00 Boggle 3:00 Tai Chi To Go 4:00 Jewelry and Design 7:00 Evening Film</p>	<p>14</p> <p>9:00 Front Page News 10:00 Matter of Balance 11:00 Concert: The Troubadours 12:00 Indoor Walking Club 1:00 Bridge Club 2:00 Communion 2:15 Lecture with Barry Pell 3:00 Tap Class 4:00 Memoir Writing 7:00 Evening Film</p>	<p>15</p> <p>PODIATRIST IS IN 9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 10:00 Indoor Walking Club 11:00 Trip to the MFA 1:00 Computer Class 2:00 Soundtrack of Our Lives 3:00 Garden to Gourmet 4:00 Happy Hour 7:00 Evening TV Series: This Is Us</p>	<p>16</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 11:00 Matter of Balance 12:00 Personal Training 12:00 Indoor Walking Club 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Balloon Volleyball 3:00 Poetry 3:30 Mindful Aging 4:00 Crossword Puzzle 7:00 Concert: Jim Kellerman</p>	<p>17</p> <p>BEAUTY SALON IS OPEN 8:00 Coffee with Lance 9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 11:00 HART 2:00 BINGO 3:15 Outdoor Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>18</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Balance Class 10:00 Computer Class 11:00 Personal Training 11:00 Jeopardy 12:00 Alterations with Dora 12:00 Indoor Walking Club 1:00 Visit from Pet Pals 1:30 Creative Crafting Hour 2:30 Book Club 7:00 Concert: Brookline Music School</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 9:30 Church Trips 10:00 Communion 10:00 Pilates with Sergio 11:00 Opera 2:30 Documentary Spotlight 3:30 Concert: Howie Newman 4:25 Patriots Game! 7:00 Evening Film	20 9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training 2:00 Matter of Balance 3:00 Boggle 3:00 Tai Chi To Go 4:00 Jewelry and Design 7:00 Evening Film	21 MANICURIST IS IN TODAY 9:00 Front Page News 10:00 Matter of Balance 11:00 Travel the World 12:00 Indoor Walking Club 1:00 Bridge Club 2:00 Communion 2:00 Educational Seminar 3:00 Tap Class 4:00 Memoir Writing 7:00 Evening Film	22 BEAUTY SALON IS OPEN 9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 10:00 Indoor Walking Club 11:00 Trip for a South Shore Coastal Drive 1:00 Computer Class 2:00 Soundtrack of Our Lives 3:00 Garden to Gourmet 4:00 Happy Hour 7:00 Evening TV Series: This Is Us	23 THANKSGIVING DAY 9:00 Front Page News 9:00 Personal Training 9:00 – 12:00 MACY'S THANKSGIVING DAY PARADE 10:00 Fitness Class 11:00 Matter of Balance 11:30 – 2:30 THANKSGIVING LUNCH 12:00 Personal Training 2:00 Stretch Class 4:30 Thanksgiving Football 7:00 Evening Film 8:30 Thanksgiving Football	24 9:00 Front Page News 10:00 Science! 11:00 TED Talk 11:00 Shopping Trip 11:00 HART 2:00 BINGO 3:15 Outdoor Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday	25 9:00 Front Page News 9:00 Personal Training 10:00 Balance Class 10:00 Computer Class 11:00 Personal Training 11:00 Jeopardy 12:00 Alterations with Dora 12:00 Indoor Walking Club 1:00 Visit from Pet Pals 1:30 Creative Crafting Hour 2:30 Book Club 7:00 Evening Film
26 9:30 Church Trips 10:00 Communion 10:00 Pilates with Sergio 11:00 Opera 1:00 Patriots Game! 3:30 Concert: Tanya Shrago 7:00 Evening Film	27 GRAB YOUR PASSPORT BRAZIL 9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 11:00 Current Events 11:00 Yoga with Steffi 11:30 – 2:00 Brazilian Themed Lunch 12:00 Personal Training 2:00 Live Brazilian Dance and Music Performance 3:00 Tai Chi To Go 4:00 Jewelry and Design 7:00 Evening Film	28 9:00 Front Page News 10:00 Matter of Balance 11:00 Travel the World 12:00 Indoor Walking Club 1:00 Bridge Club 2:00 Communion 2:00 Resident Forum 3:00 Tap Class 4:00 Memoir Writing 7:00 Evening Film	29 9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 10:00 Indoor Walking Club 11:00 Trip to Lunch 1:00 Computer Class 2:00 Soundtrack of Our Lives 2:30 Welcome Social 3:30 Balloon Volleyball 4:15 Crossword Puzzle 7:00 Evening TV Series: This Is Us	30 9:00 Front Page News 9:00 Personal Training 10:00 Fitness Class 11:00 Matter of Balance 12:00 Personal Training 12:00 Indoor Walking Club 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Garden to Gourmet 3:00 Poetry 4:00 Happy Hour 7:00 Evening Film		

Social Settings
Outings
Physical Fitness
Brain Boosters
Creative Energy

Gallery M Featured Artists Erica Nazzaro and Frances Schreiber

**Subject to Change*

*** Additional details can be found on Weekly Program Calendar*