

# OCTOBER 2017

## Goddard House Traditional Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Church Trips 10:00 Communion 10:00 Pilates with Sergio 11:00 Opera 1:00 Patriot's Game! 1:00 International Music Club Rehearsal 3:30 Concert: Sally and Jim 7:00 Evening Film</p>	<p>2</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Resistance Bands 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training 2:00 International News 3:00 Tai Chi To Go 4:00 Jewelry and Design 7:00 Evening Film</p>	<p>3</p> <p>9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Travel the World 12:00 Walking Club 1:00 Bridge Club 2:00 Communion 3:00 Tap Class 3:00 Balloon Volleyball 4:00 Memoir Writing 7:00 Evening Film</p>	<p>4</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Weight Training 10:00 Walking Club 11:00 Trip to Franklin Park Zoo 1:00 Computer Class 2:00 Soundtrack of Our Lives 3:00 Garden to Gourmet 4:00 Happy Hour 7:00 Evening TV Series: This Is Us</p>	<p>5</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Forever Fit: Ball Class 11:00 Matter of Balance 12:00 Personal Training 12:00 Walking Club 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 4:00 Crossword Puzzle 6:00 Microbrews with Lance 7:00 Evening Film</p>	<p>6</p> <p>BEAUTY SALON IS OPEN 9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 12:00 Cooking Demo with Chef Vi 2:00 BINGO 3:15 Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>7</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Forever Fit: Balance 10:00 Creative Crafting Hour 11:00 Personal Training 11:00 Jeopardy 12:00 Alterations with Dora 1:00 Visit from Pet Pals 1:00 Computer Class 2:30 Book Club 7:00 Evening Film</p>
<p>8</p> <p>9:30 Church Trips 10:00 Communion 10:00 Pilates with Sergio 11:00 Opera 2:30 Documentary Spotlight 3:30 Concert: Keun-Young Sun Duo 7:00 Evening Film</p>	<p>9</p> <p>COLUMBUS DAY 9:00 Front Page News 9:00 Personal Training 10:00 Resistance Bands 11:00 Current Events 12:00 Personal Training 2:00 Focus Group 3:00 Tai Chi To Go 4:00 Jewelry and Design 7:00 Evening Film</p>	<p>10</p> <p>MANICURIST IS IN TODAY 9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Remembrance Gathering 12:00 Walking Club 1:00 Bridge Club 2:00 Communion 2:00 Food Service Meeting 3:00 Tap Class 4:00 Memoir Writing 7:00 Evening Film</p>	<p>11</p> <p>RESIDENT TRIP: ROCKPORT 9:00 Front Page News 9:00 Personal Training 10:00 Weight Training 11:00 Fresh Focus with Flo 1:00 Computer Class 2:00 Soundtrack of Our Lives 4:00 Happy Hour 7:00 Evening TV Series: This Is Us</p>	<p>12</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Forever Fit: Ball Class 10:00 BHS 11:00 Matter of Balance 12:00 Personal Training 12:00 Walking Club 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Balloon Volleyball 4:00 Crossword Puzzle 7:00 Evening Film</p>	<p>13</p> <p>BEAUTY SALON IS OPEN 9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 2:00 BINGO 3:15 Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>14</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Forever Fit: Balance 10:00 Creative Crafting Hour 11:00 Personal Training 11:00 Jeopardy 12:00 Alterations with Dora 12:00 Walking Club 1:00 Visit from Pet Pals 1:00 Computer Class 2:30 Book Club 7:00 Concert with Brookline Music School</p>
<p>15</p> <p>9:30 Church Trips 10:00 Communion 10:00 Pilates with Sergio 11:00 Opera 1:00 Patriot's Game! 3:30 Concert with Jack Glennon 7:00 Evening Film</p>	<p>16</p> <p>9:00 Front Page News 10:00 Matter of Balance 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training 2:00 Knitting Club 3:00 Tai Chi To Go 4:00 Jewelry and Design 7:00 Concert: Adam Bergeron</p>	<p>17</p> <p>GRAB YOUR PASSPORT RUSSIA 9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Marina Forbes Lecture 12:00 Walking Club 1:00 Bridge Club 2:00 Communion 2:15 Lecture with Barry Pell 3:00 Social Hour with Appetizers 4:00 Memoir Writing 6:30 Vodka Tasting with Jen 7:00 Evening Film</p>	<p>18</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Weight Training 10:00 Walking Club 11:00 Lunch Trip to Newbury College 1:00 Computer Class 1:30 Blood Pressure Clinic 1:30 Crafting with Cindy 2:00 Soundtrack of Our Lives 3:00 Garden to Gourmet 4:00 Happy Hour 7:00 Evening TV Series: This Is Us</p>	<p>19</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Forever Fit: Ball Class 11:00 Matter of Balance 11:30 Brainstorm with Interns 12:00 Personal Training 12:00 Walking Club 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Balloon Volleyball 3:30 Mindful Aging 4:00 Crossword Puzzle 7:00 Evening Film</p>	<p>20</p> <p>BEAUTY SALON IS OPEN 8:00 Coffee with Lance 9:00 Front Page News 10:00 Matter of Balance 11:00 TED Talk 11:00 Shopping Trip 11:00 Art Experiments 1:30 Walking Club 2:00 Staff Carved Pumpkin Judging 2:30 BINGO 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday</p>	<p>21</p> <p>9:00 Front Page News 9:00 Personal Training 10:00 Forever Fit: Balance 10:00 Fall Crafts with Emily 11:00 Personal Training 11:00 Jeopardy 12:00 Alterations with Dora 12:00 Walking Club 1:00 Visit from Pet Pals 1:00 Computer Class 2:30 Book Club 7:00 Evening Film</p>



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22 9:30 Church Trips 10:00 Pilates with Sergio 10:00 Communion 11:00 Opera 2:30 Documentary Spotlight 3:30 Concert: Mike Higgins 7:00 Evening Film	23 9:00 Front Page News 9:00 Personal Training 10:00 Resistance Bands 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training 2:00 Knitting Club 3:00 National Geographic 4:00 Jewelry and Design 7:00 Concert with Frank Powdermaker	24 9:00 Front Page News 10:00 Matter of Balance 10:30 Green City Growers 11:00 Travel the World 12:00 Walking Club 1:00 Bridge Club 2:00 Communion 2:00 Educational Seminar 3:00 Tap Class 4:00 Memoir Writing 7:00 Evening Film	25 9:00 Front Page News 9:00 Personal Training 10:00 Weight Training 10:00 Walking Club 10:30 Trip to Forest Hill Cemetery for Fall Foliage Walk/Ride 1:00 Computer Class 2:00 Soundtrack of Our Lives 3:00 Garden to Gourmet 4:00 Happy Hour 7:00 Evening TV Series: This Is Us	26 9:00 Front Page News 9:00 Personal Training 10:00 Forever Fit: Ball Class 11:00 Matter of Balance 11:30 Poetry with Joy and Mel 12:00 Personal Training 12:00 Walking Club 1:00 Mah Jong 1:30 Open Arts Studio 2:00 Stretch Class 3:00 Balloon Volleyball 3:30 Mindful Aging 4:00 Crossword Puzzle 7:00 Evening Film	27 BEAUTY SALON IS OPEN 9:00 Front Page News 10:00 Science! 11:00 TED Talk 11:00 Shopping Trip 11:00 Art Experiments 2:00 BINGO 3:15 Walking Club 3:30 Shabbat 4:00 Flower Arranging 7:00 Foreign Film Friday	28 9:00 Front Page News 9:00 Personal Training 10:00 Forever Fit: Balance 10:00 Creative Crafting Hour 11:00 Personal Training 11:00 Jeopardy 12:00 Alterations with Dora 12:00 Walking Club 1:00 Visit from Pet Pals 1:00 Computer Class 2:30 Book Club 3:30 International Music Club Performance 7:00 Evening Film
29 9:30 Church Trips 10:00 Pilates with Sergio 10:00 Communion 11:00 Opera 1:00 Patriot's Game! 1:00 International Music Club Rehearsal 3:30 Concert: Joey BBop 7:00 Evening Film	30 9:00 Front Page News 9:00 Personal Training 10:00 Resistance Bands 11:00 Current Events 11:00 Yoga with Steffi 12:00 Personal Training 2:00 National Geographic 3:00 Welcome Social 4:00 Jewelry and Design 7:00 Evening Film	31 MANICURIST IS IN TODAY 10:00 Matter of Balance 10:30 Green City Growers 11:00 Travel the World 12:00 Walking Club 1:00 Bridge Club 2:00 Communion 2:00 Resident Forum 3:00 Tap Class 4:00 Memoir Writing 7:00 Evening Film	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p><b>Social Settings</b></p> <p><b>Outings</b></p> <p><b>Physical Fitness</b></p> <p><b>Brain Boosters</b></p> <p><b>Creative Energy</b></p> </div>	<p style="text-align: center;"><b>Gallery M Featured Artist Erica Nazzaro</b></p> <p style="text-align: center;"><i>*Subject to Change</i></p> <p style="text-align: center;"><i>** Additional details can be found on Weekly</i></p>		