

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Hair Salon Open 1</p> <p>7:30 Social Dining</p> <p>9:00 Forever Fit 1:1</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>10:00 Green City Growers</p> <p>11:00 Forever Fit Class</p> <p>1:00 History Presentation</p> <p>2:00 Dance with Audrey</p> <p>3:00 Tea Party</p> <p>3:30 Reminiscing</p> <p>4:00 Knitting</p> <p>4:00 Trivia</p> <p>6:00 Music with Deb</p> <p>7:00 Energy Break/Movie</p>	<p>2</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Music Exploration</p> <p>11:00 Forever Fit 1:1</p> <p>1:00 Manicures</p> <p>2:00 Short Stories</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>4:00 Choir</p> <p>6:00 Meet the Artist</p> <p>7:00 Energy Break/Movie</p>	<p>3</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Art Project</p> <p>11:00 Music with LeeAnn</p> <p>11:00 Lunch Trip</p> <p>1:00 Forever Fit Class</p> <p>2:00 Brain Games</p> <p>2:30 Energy Break</p> <p>3:00 Music with Angela</p> <p>4:00 Short Stories</p> <p>6:00 Meet me at MOMA</p> <p>7:00 Energy Break/Movie</p>	<p>4</p> <p>7:30 Social Dining</p> <p>9:00 Forever Fit 1:1</p> <p>9:30 What's in the News</p> <p>10:00 Forever Fit Class</p> <p>11:00 Music Exploration</p> <p>1:00 Today in History</p> <p>2:00 Art Exploration</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>3:30 Shabbat Service</p> <p>4:00 Physical Challenge</p> <p>6:00 Meet the Musician</p> <p>7:00 Energy Break/Movie</p>	<p>5</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Group Art Project</p> <p>1:00 Physical Challenge</p> <p>2:00 Brain Games</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>4:00 Travel the World</p> <p>6:00 Comedy Hour</p> <p>7:00 Energy Break/Movie</p>
<p>6</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>10:00 Broadcast Mass</p> <p>11:00 Word Games</p> <p>1:00 Short Stories</p> <p>2:00 Physical Challenge</p> <p>3:00 Energy Break</p> <p>3:30 Concert: Peter Weslowski</p> <p>4:30 Walking Club</p> <p>6:00 Comedy Hour</p> <p>7:00 Energy Break/Movie</p>	<p>7</p> <p>7:30 Social Dining</p> <p>9:30 Music with Angela</p> <p>10:30 What's in the News</p> <p>11:00 Forever Fit</p> <p>1:00 Poetry</p> <p>2:00 Baking</p> <p>2:00 Forever Fit 1:1</p> <p>3:00 Ice Cream Social</p> <p>3:30 Reminiscing</p> <p>4:00 Crossword Puzzle</p> <p>6:00 Iconic Photos</p> <p>7:00 Energy Break/Movie</p>	<p>8</p> <p>Hair Salon Open</p> <p>7:30 Social Dining</p> <p>9:00 Forever Fit 1:1</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>10:00 Green City Growers</p> <p>11:00 Forever Fit Class</p> <p>1:00 History Presentation</p> <p>2:00 Dance with Donna</p> <p>3:00 Birthday Party!</p> <p>3:30 Reminiscing</p> <p>4:00 Knitting</p> <p>4:00 Trivia</p> <p>6:00 Music with Deb</p> <p>7:00 Energy Break/Movie</p>	<p>9</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Music Exploration</p> <p>11:00 Forever Fit 1:1</p> <p>1:00 Manicures</p> <p>2:00 Short Stories</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>4:00 Choir</p> <p>6:00 Meet the Artist</p> <p>7:00 Energy Break/Movie</p>	<p>10</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Art Project</p> <p>11:00 Music with LeeAnn</p> <p>11:00 Franklin Park Zoo</p> <p>1:00 Forever Fit Class</p> <p>2:00 Brain Games</p> <p>2:30 Energy Break</p> <p>3:00 Music with Angela</p> <p>4:00 Short Stories</p> <p>6:00 "Cookin' Up Jazz" Concert Series: Hot Club of New England</p>	<p>11</p> <p>7:30 Social Dining</p> <p>9:00 Forever Fit 1:1</p> <p>9:30 What's in the News</p> <p>10:00 Forever Fit Class</p> <p>11:00 Music Exploration</p> <p>1:00 Today in History</p> <p>2:00 Art Exploration</p> <p>3:00 Birthday Party!</p> <p>3:30 Reminiscing</p> <p>3:30 Shabbat Service</p> <p>4:00 Physical Challenge</p> <p>6:00 Meet the Musician</p> <p>7:00 Energy Break/Movie</p>	<p>12</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Group Art Project</p> <p>1:00 Physical Challenge</p> <p>2:00 Brain Games</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>4:00 Travel the World</p> <p>6:00 Comedy Hour</p> <p>7:00 Energy Break/Movie</p>
<p>13</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>10:00 Broadcast Mass</p> <p>11:00 Word Games</p> <p>1:00 Short Stories</p> <p>2:00 Physical Challenge</p> <p>3:00 Energy Break</p> <p>3:30 Concert: Erik Gustfason</p> <p>4:30 Walking Club</p> <p>6:00 Comedy Hour</p> <p>7:00 Energy Break/Movie</p>	<p>14</p> <p>7:30 Social Dining</p> <p>9:30 Music with Angela</p> <p>10:30 What's in the News</p> <p>11:00 Forever Fit</p> <p>1:00 Poetry</p> <p>2:00 Baking</p> <p>2:00 Forever Fit 1:1</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>4:00 Crossword Puzzle</p> <p>6:00 Iconic Photos</p> <p>7:00 Energy Break/Movie</p>	<p>15</p> <p>Hair Salon Open</p> <p>7:30 Social Dining</p> <p>9:00 Forever Fit 1:1</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>10:00 MFA Trip</p> <p>10:00 Green City Growers</p> <p>11:00 Forever Fit Class</p> <p>1:00 History Presentation</p> <p>2:00 Dance with Audrey</p> <p>3:00 Tea Party</p> <p>3:30 Reminiscing</p> <p>4:00 Knitting</p> <p>4:00 Trivia</p> <p>6:00 Music with Deb</p>	<p>16</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Travel the World</p> <p>1:00 City Tour</p> <p>2:00 Short Stories</p> <p>3:00 Energy Break</p> <p>3:30 Trivia</p> <p>4:00 Choir</p> <p>6:00 Meet the Artist</p> <p>7:00 Energy Break/Movie</p>	<p>17</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Art Project</p> <p>11:00 Music with LeeAnn</p> <p>11:00 Lunch Trip</p> <p>1:00 Forever Fit Class</p> <p>2:00 Brain Games</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>4:00 Short Stories</p> <p>6:00 "Cookin' Up Jazz" Concert Series: Cassandra McKinley</p>	<p>18</p> <p>7:30 Social Dining</p> <p>9:00 Forever Fit 1:1</p> <p>9:30 What's in the News</p> <p>10:00 Forever Fit Class</p> <p>11:00 Music Exploration</p> <p>1:00 Today in History</p> <p>2:00 Art Exploration</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>3:30 Shabbat Service</p> <p>4:00 Physical Challenge</p> <p>6:00 Meet the Musician</p> <p>7:00 Energy Break/Movie</p>	<p>19</p> <p>7:30 Social Dining</p> <p>9:30 Morning Exercise</p> <p>10:30 What's in the News</p> <p>11:00 Group Art Project</p> <p>1:00 Physical Challenge</p> <p>2:00 Brain Games</p> <p>3:00 Energy Break</p> <p>3:30 Reminiscing</p> <p>4:00 Travel the World</p> <p>6:00 Comedy Hour</p> <p>7:00 Energy Break/Movie</p>



# Goddard House Assisted Living

# August 2017 2nd Floor Olmsted Place (Neighborhoods 3 & 4)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>7:30 Social Dining 9:30 Morning Exercise 10:30 What's in the News 10:00 Broadcast Mass 11:00 Word Games 1:00 Short Stories 2:00 Physical Challenge 3:00 Energy Break 3:30 Concert: Matt McCabe 4:30 Walking Club 6:00 Comedy Hour 7:00 Energy Break/Movie</p>	<p>21</p> <p>7:30 Social Dining 9:00 PetPals (J&amp;M) 9:30 Morning Exercise 10:30 What's in the News 11:00 Forever Fit 1:00 Poetry 2:00 Baking 2:00 Forever Fit 1:l 3:00 Ice Cream Social 3:30 Reminiscing 4:00 Crossword Puzzle 6:00 Iconic Photos 7:00 Concert: Adam B. 8:00 Energy Break/Movie</p>	<p>22</p> <p>Hair Salon Open 7:30 Social Dining 9:00 Forever Fit 1:l 9:30 Morning Exercise 10:30 What's in the News 10:00 Green City Growers 11:00 Forever Fit Class 1:00 History Presentation 2:00 Dance with Donna 3:00 Energy Break 3:30 Reminiscing 4:00 Knitting 4:00 Trivia 6:00 Music with Deb</p>	<p>23</p> <p>7:30 Social Dining 9:30 Morning Exercise 10:30 What's in the News 11:00 Music Exploration 11:00 Forever Fit 1:l 1:00 Manicures 2:00 Short Stories 2:30 Energy Break 3:00 Heirloom Tasting with Green City Growers 4:00 Choir 6:00 Meet the Artist</p>	<p>24</p> <p>7:30 Social Dining 9:30 Morning Exercise 10:30 What's in the News 11:00 Art Project 11:00 Music with LeeAnn 11:00 Swan Boats 1:00 Forever Fit Class 2:00 Brain Games 3:00 Energy Break 3:30 Reminiscing 4:00 Short Stories 6:00 "Cookin' Up Jazz" Concert Series: Claudia Eliaza</p>	<p>25</p> <p>7:30 Social Dining 9:00 Forever Fit 1:l 9:30 What's in the News 10:00 Forever Fit Class 11:00 Music Exploration 1:00 Today in History 2:00 Art Exploration 3:00 Energy Break 3:30 Reminiscing 3:30 Shabbat Service 4:00 Physical Challenge 6:00 Meet the Musician 7:00 Energy Break/Movie</p>	<p>26</p> <p>7:30 Social Dining 9:30 Morning Exercise 10:30 What's in the News 11:00 Group Art Project 1:00 Physical Challenge 2:00 Brain Games 3:00 Energy Break 3:30 Reminiscing 4:00 Travel the World 6:00 Comedy Hour 7:00 Energy Break/Movie</p>
<p>27</p> <p>7:30 Social Dining 9:30 Morning Exercise 10:30 What's in the News 10:00 Broadcast Mass 11:00 Word Games 1:00 Short Stories 2:00 Physical Challenge 3:00 Energy Break 3:30 Concert: Carchie Bern 4:30 Walking Club 6:00 Comedy Hour 7:00 Energy Break/Movie</p>	<p>28</p> <p>7:30 Social Dining 9:00 PetPals (J&amp;M) 9:30 Morning Exercise 10:30 What's in the News 11:00 Forever Fit 1:00 Poetry 2:00 Forever Fit 1:l 3:00 Energy Break 3:30 Reminiscing 4:00 Crossword Puzzle 6:00 Iconic Photos 7:00 Energy Break/Movie</p>	<p>29</p> <p>Hair Salon Open 7:30 Social Dining 9:00 Forever Fit 1:l 9:30 Morning Exercise 10:30 What's in the News 10:00 Green City Growers 11:00 Forever Fit Class 1:00 History Presentation 2:00 Dance with Audrey 3:00 Tea Party a 3:30 Reminiscing 4:00 Knitting 4:00 Trivia 6:00 Music with Deb 7:00 Energy Break/Movie</p>	<p>30</p> <p>7:30 Social Dining 9:30 Morning Exercise 10:30 What's in the News 11:00 Travel the World 1:00 Memory Cafe 2:00 Short Stories 3:00 Energy Break 3:30 Trivia 4:00 Choir 6:00 Meet the Artist 7:00 Energy Break/Movie</p>	<p>31</p> <p>7:30 Social Dining 9:30 Morning Exercise 10:30 What's in the News 11:00 Art Project 11:00 Music with LeeAnn 11:00 Lunch Trip 1:00 Forever Fit Class 2:00 Brain Games 2:30 Energy Break 3:00 Music with Angela 4:00 Short Stories 6:00 "Cookin' Up Jazz" Concert Series: The Winikers</p>	<p>Birthdays</p> <p>Sandy 8/8</p> <p>Luvenia 8/11</p>	<p>Program Guide</p> <ul style="list-style-type: none"> <li>Music</li> <li>Physical Activity</li> <li>Educational Program</li> <li>Self-Expression</li> <li>Social Occasions</li> <li>Cognitive Challenge</li> <li>Trips</li> <li>Spirituality</li> </ul> <p>Breakfast: 7:30-9:00 Lunch: 12:00-1:00 Dinner: 5:00-6:00</p>

