

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs Guide</p> <ul style="list-style-type: none"> • Music • Lifetime Achievement Award • Physical Activity • Reconnections Program • Self-Expression • Spirituality • Social Occasions • Cognitive Challenge • Community Trips • Educational Program • Hobbies/Interests 	<p><u>Birthdays</u></p> <p>Peggy S. 19th Rose Lorraine 21st</p> <p><u>Social Dining Hours</u></p> <p>Breakfast: 7:30-9:00 Lunch: 12:00-1:00 Dinner: 5:00-6:00</p>	<p><i>Sports Fans:</i></p> <p><i>Olmsted's 2nd Floor Fitness Room is available to enjoy Sports broadcasts on week-ends & Playoff dates</i></p>	<p>1</p> <p>7:30 Social Dining 9:00 Danny O'Donnell Favorites 9:30 Building Bridges: <i>Intergenerational Visit 1st floor</i> 10:30 A Matter of Balance Exercise Class 11:00 Song and Dance 1:00 Jewelry Class: Beading 2:00 Creating a Poem 3:00 Energy Break 3:30 Trivia: Mind Joggers 4:30 Walking Club 6:00 Nature Studies 7:00 Energy Break/Movie</p>	<p>2</p> <p>7:30 Social Dining 9:00 National Parks 9:30 A Matter of Balance Exercise 10:00 Group Art Project 10:00 Reconnections Program 11:00 Museum of Our National Heritage 11:00 Music with Leeann 1:00 Trivia: Flowers from A to Z 2:00 Board/Cards Games 2:30 Energy Break 3:00 Music: Angela S. 4:00 Bowling Tournament 6:00 Table Games: Jenga & Banagrams 7:00 Energy Break/Movie 7:00 Concert: Piano & Clarinet Palm Court</p>	<p>3</p> <p>7:30 Social Dining 9:00 Sing-a-long Favorites 9:30 A Matter of Balance Exercise Class 10:00 Trivia: Who Am I? 11:00 Music with Leeann 1:00 Seaside Drive 2:00 Cards: Black Jack! 3:00 Energy Break 3:30 Shabbat Service 3:30 Opposites: Brain Gym 4:00 Walking Club 6:00 Andre Rieu in Concert 7:00 Energy Break/Movie</p>	<p>4</p> <p>7:30 Social Dining 9:00 Nature: Our Planet 9:30 A Matter of Balance Exercise Class 10:00 Manicures 11:00 TRIVIA: What's My Line? 1:00 Art Project 2:00 BINGO 3:00 Energy Break 3:30 American Favorites: Sing 'n Swing 4:00 Travel the World: Scotland 6:00 The Lucy Comedy Hour 7:00 Energy Break/Movie</p>
<p>5</p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance Exercise Class 10:00 Broadcast Mass 10:00 A to Z Trivia--Cities 11:00 Music with Angela 1:00 BINGO 2:00 Art Class 3:00 Energy Break 3:30 Kevin Sherwin in Concert 4:30 Walking Club 6:00 Meditation 7:00 Energy Break/Movie</p>	<p>6</p> <p>7:00 Social Dining 9:00 Music Program 9:00 Pet Pals 1st floor 9:30 A Matter of Balance Exerc 10:00 Armed Forces: Reconnections Program 11:00 Parables-What do they mean? 1:00 Trivia: A to Z Heroes 2:00 Reconnections: Patriotic Songfest 3:00 Energy Break 3:30 Crossword Puzzle 4:00 Walking Club 6:00 Meditation 7:00 Energy Break/Movie</p>	<p>7</p> <p>Hair Salon Open</p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance Exercise Class 10:00 Reconnections Program: Women and the War- 1st floor 11:00 Big Band Songfest 1:00 Reconnections: Cooking Up a Wartime Recipe-Bread Pudding! 2:00 Dance with Audrey 3:00 Tea Party 3:30 Reminiscing 4:00 Coupon Clipping/Knitting 6:00 Music with Deb 7:00 Energy Break/Movie</p>	<p>8</p> <p>7:30 Social Dining 9:00 Music Program 9:30 Building Bridges: <i>Intergenerational Visit 1st floor</i> 10:30 Matter of Balance Exercise 10:30 Manicures 11:30 Sing-a-long favorites 1:00 Baking: Apple Pie 1:00 City tour: Brookline 2:00 Short Stories 3:00 Energy Break 3:30 Mind Joggers 4:00 Olmsted Choir- Concert in Palm Court 6:00 Nature Exploration 7:00 Energy Break/Movie</p>	<p>9</p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance Exercise Class 10:00 Group Art Project 11:00 Reconnections: Visit WWII International Museum 1:00 BINGO 2:00 Trivia: Who Am I? 2:30 Energy Break 3:00 Music with ANGELA 4:00 Bowling 6:00 Meditation 7:00 Energy Break/Movie</p>	<p>10</p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance Exercise Class 10:00 Scrapbooking 11:00 Trivia 100 Board Games 2:00 Let's make Fudge 3:00 Energy Break 3:30 Shabbat Service 3:30 Trivia: Groups of 3 4:00 Flower Arranging 6:00 Energy Break/Movie</p>	<p>11</p> <p><i>Veteran's Day</i></p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance Exercise Class 10:30 Patriotic Songfest 11:00 You Be the Judge 1:00 Art Program 2:00 Patriotic Pretzels 3:00 Energy Break 3:30 A to Z Trivia-Famous People 4:00 Travel the World-Wales 6:00 Golden Girls Comedy 7:00 Energy Break/Movie</p>
<p>12</p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance Exercise Class 10:00 Broadcast Mass 10:00 Art Work 11:00 Who Am I? 1:00 Planning a trip to Paris 2:00 Baking 3:00 Energy Break 3:30 Concert: Patricia Monahan Jazz 4:30 Walking Club 6:00 Trivia 7:00 Energy Break/Movie</p>	<p>13</p> <p>7:30 Social Dining 9:00 Music Program 9:00 Pet Pals 1st floor 9:30 A Matter of Balance 10:00 Impressionists- A Reconnections Program 1st floor 10:00 Trivia: A to Z -animals 11:00 Music with Angela 1:00 Writing Poetry 2:00 Reconnections: Painting Monet's Water Lilies 3:00 Ice Cream Social 4:00 Crossword Puzzle 6:00 Iconic Photos 7:00 Energy Break/Movie</p>	<p>14</p> <p>Hair Salon Open <i>Katie's Baby is Born!</i></p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance 10:00 You Be the Judge 11:00 Reconnections Program: Impressionists 1st floor 1:00 Holiday Coupon Clipping 2:00 Dance with Donna 3:00 Energy Break 3:30 Reconnections: Match the Artist to the Masterpiece 4:00 A to Z Trivia: Baby Girl Names 6:00 Music with Deb 7:00 Energy Break/Movie</p>	<p>15</p> <p>7:30 Social Dining 9:00 National Parks 9:30 Building Bridges: <i>Intergenerational Visit 1st floor</i> 9:30 A Matter of Balance 10:00 Word w/in a Word 11:00 Mind Joggers 1:00 Art Project 2:00 Songfest 3:00 Energy Break 3:30 Trivia: Who Am I? 4:30 Walking Club 6:00 Choir 7:00 Energy Break/Movie</p>	<p>16</p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance Exercise Class 10:00 Knitting/Manicures & Massages 11:00 Lunch trip: MFA Cafe 11:00 Danny O'Donnell Show 1:00 Board Games 2:00 Trivia: What's my Occupation? 2:45 Energy Break 3:00 Music: Angela S. 4:00 Bowling Tournament 6:00 Table Games 7:00 Energy Break/Movie 7:00 Jim Kellerman Concert</p>	<p>17</p> <p>7:30 Social Dining 9:00 Music Program 9:30 A Matter of Balance Exercise Class 10:00 Trivia: Name that Work of Art or Artist 11:00 Sing-and Swing 1:00 Baking: Banana Bread 1:00 City Tour 2:00 Card Games: SCAT 3:00 Energy Break 3:30 Shabbat Service 3:30 Flower Arranging 4:00 Nature: Our Planet 6:00 Energy Break/Movie</p>	<p>18</p> <p>7:30 Social Dining 9:00 Danny O'Donnell Show 9:30 A Matter of Balance Exercise Class 10:00 Trivia 11:00 Sing-a-long Favorites 1:00 Board Games 2:00 Cooking: Cream Pies 3:00 Energy Break 3:30 Mind Joggers 4:00 Travel the World: Paris 6:00 Comedy Hour 7:00 Energy Break/Movie</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Peggy's Birthday 19

7:30 Social Dining
 9:00 Music Program
 9:30 A Matter of Balance Exercise Class
 10:00 Broadcast Mass
 10:00 Board & Card Games
 11:00 Sing-a-long
 1:00 Art
 2:00 Brain Fitness
 3:00 *Peggy's Party*
 3:30 Concert: Howie Neuman
 4:30 Walking Club
 6:00 Meditation with Pam
 7:00 Energy Break/Movie

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7:30 Social Dining
 9:00 Music Program
 9:30 A Matter of Balance Exercise Class
 10:00 Broadcast Mass
 10:30 Trivia A to Z- Colors
 11:00 Sing-a-long
 1:00 Art Project
 2:00 Board Games
 3:00 Energy Break
 3:30 Concert: Tanya Shrago
 4:30 Walking Club
 6:00 National Parks
 7:00 Energy Break/Movie

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7:30 Social Dining
 9:00 Music Program
 9:00 Pet Pals 1st floor
 9:30 A Matter of Balance Exercise
 10:00 Holiday Trivia- Songs
 10:00 Thanksgiving: Reconnections Program 1st floor
 11:00 Music with Angela
 1:00 Baking
 2:00 Poetry
 2:00 Reconnections: Planning your Thanksgiving Family Gathering
 3:00 Tea Party
 4:00 Crossword Puzzle
 6:00 Meditation with Pam
 7:00 Energy Break/Movie

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7:30 Social Dining
 9:00 Music Program
 9:00 Pet Pals 1st floor
 9:30 A Matter of Balance
 10:00 Trivia A to Z - Countries
 10:00 Radio Shows-1st floor
 Reconnections Program
 11:00 Music with Angela
 1:00 Black Jack Tournament
 2:00 Journaling
 2:00 Reconnections: the Shadow Radio Show 1st fl
 3:00 Rum Raisin Ice Cr Social
 4:00 Crossword Puzzle
 6:00 Iconic Photos
 7:00 Energy Break/Movie

Hair Salon Open 21

Rose Lorraine's Birthday
 7:30 Social Dining
 9:00 Music Program
 9:30 A Matter of Balance Exercise
 10:00 MFA Trip
 10:00 Art Program
 11:00 Reconnections Program 1st fl
 11:00 National Parks: Yosemite
 1:00 Bananagrams/JENGA
 2:00 Dance with Audrey
 3:00 *Rose Lorraine's Party*
 3:45 Reconnections Program - What are YOU thankful for?
 6:00 Music with Deb
 7:00 Energy Break/Movie

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Hair Salon Open
 7:30 Social Dining
 9:00 Music Program
 9:30 A Matter of Balance Exercise Class
 10:00 Reconnections- Radio shows 1st floor
 10:00 Trivia: A to Z Occupations
 11:00 Sing 'n Swing
 1:00 Reconnections 1st fl
 1:00 Art
 2:00 Dance with Donna
 3:00 Energy Break
 3:30 Bananagrams
 6:00 Music with Deb
 7:00 Energy Break/Movie

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7:30 Social Dining
 9:00 Music Program
 9:30 Building Bridges: Intergenerational Visit 1st floor
 9:30 A Matter of Balance Exercise
 10:00 Reconnections: Holiday baking for the homeless
 11:00 Sing 'n Swing
 1:00 Writing Poetry
 1:00 Reconnections: Deliver Holiday Baked Goods to Shelter
 2:00 Manicures
 3:30 A to Z Trivia—Breads and Pies
 4:00 BEADING
 4:00 Choir
 6:00 Nature Studies
 7:00 Energy Break/Movie

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7:30 Social Dining
 9:00 Music Program
 9:30 Building Bridges: Intergenerational Visit 1st fl
 9:30 A Matter of Balance
 10:00 Manicures & Massages
 11:00 You Be the Judge
 1:00 Music & Movement
 1:00 Memory Cafe
 2:00 Short Stories
 3:30 Brain Teasers
 4:00 Choir
 6:00 Nature Studies
 7:00 Energy Break/Movie

THANKSGIVING DAY 23

7:30 Social Dining
 9:00 Holiday Traditions: Discussion
 9:00 Macy's Thanksgiving Day Parade!
 11:30 Matter of Balance
 Noon Thanksgiving Holiday Dinner
 1:30 Danny O'Donnell Show
 2:30 Energy Break
 3:00 BINGO
 4:00 National Parks: Grand Canyon
 6:00 Meditation with Pam
 7:00 Energy Break/Movie

30

7:30 Social Dining
 9:00 Music Program
 9:30 A Matter of Balance Exercise
 10:00 Art Exploration
 10:00 Reconnections Progr 1st floor
 11:00 McMullen Museum Trip
 11:00 Baking for A Cause
 1:00 Lifetime Achievement Award Celebration! 1st floor
 1:00 BINGO
 2:00 Trivia- Mind Joggers
 3:00 Music: Angela S.
 2:30 Energy Break
 3:00 Sing-a-long Favorites
 4:00 Bowling
 7:00 Energy Break/Movie

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7:30 Social Dining
 9:00 Music Program
 9:30 A Matter of Balance Exercise Class
 10:00 Art: Mandalas
 11:00 You Be the Judge
 1:00 Manicures & Massages
 1:00 Country Drive
 2:00 Board Games/Puzzles
 3:00 Energy Break
 3:30 Shabbat Service
 3:30 Trivia
 4:00 Flower Arranging
 6:00 Energy Break/Movie

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7:30 Social Dining
 9:00 Music Program
 9:30 A Matter of Balance Exercise Class
 10:00 Jewelry Class
 11:00 Mind Joggers
 1:00 Art
 2:00 Sing-a-long
 3:00 Energy Break
 3:30 Walking Club
 4:00 Travel the World" Ireland
 6:00 Comedy Hour
 7:00 Energy Break/Movie

